



Twin ID Name:	:		

TEDS BEHAVIOUR STUDY

question seems repetit	tive or daft! All	the questions are important. Re ow you feel or how you do thing	member, there are no r	
Please indicate your an If you make a mistake,		ross 区 cross the appropriate box, e.g. I	$\boxtimes \square \rightarrow \blacksquare \boxtimes$	
Please remember to co	omplete this qu	uestionnaire using BLACK ink onl	y.	
Thank you for taking pa	art in this stud	y. Your contribution is very impo	rtant to us.	
Confidentiality				
•	_	nd feelings are private. Please be the researcher. All responses wi	•	
Rewards				
		questionnaire, we would like to s which voucher you would prefe	•	for either
iTunes □ l	Love2Shop			

For each statement listed below, how do you compare to other people of your age?

Compared to other people of my age	Far below average	Below average	Slightly below average	Average	Slightly above average	Above average	Far above average
I pay close attention to detail and avoid careless mistakes							
2. I sustain attention on tasks or leisure activities							
3. I listen when spoken to directly							
4. I follow through on instructions and finish school work or chores							
5. I am organised in my tasks and activities							
6. I engage in tasks that require sustained mental effort							
7. I keep track of things necessary for activities							
8. I ignore distractions that go on around me							
9. I remember to do daily activities							
10. I sit still (control movement of hands/ feet)							
11. I stay seated when required to							
12. I stop myself from moving about when it is inappropriate to do so							
13. When engaging in leisure activities, I keep noise levels reasonable							
14. I can settle down and rest (control constant activity)							
15. I am able to control how much I talk							
16. I reflect on questions and control blurting out answers							
17. I await my turn rather than queue jumping							
18. I enter into conversations without interrupting							

For each of the following statements and/or questions, please select the point on the scale that you feel is most appropriate in describing you

4: Neutral

5

6

1. In general, I consider myself:

2

3

1: A very

unhappy

2. Compared to	people of my age, I consi	der myself:					
1: Much less happy	2 3	4: Ave	erage	5	6		Much e happy
			l				
3. Some people does this desc	are generally very happy ribe you?	and enjoy lif	e regardles	ss of what is	s going on.	To what ex	tent
1: Not at all	2 3	4: Mi	xed	5	6		A great deal
			I				
	are generally not very ha what extent does this des		er is going	on, they ne	ever seem a	s happy as	they
1: Not at all	2 3	4: Mi	xed	5	6		A great deal
In this part of the	questionnaire we are ir	nterested in a	wide vari	ety of expe	riences. So	me of thes	e may
be relevant to yo	questionnaire we are in u and some will not be, l perience the thoughts o	but please re	spond to	every state			-
be relevant to yo	u and some will not be, perience the thoughts o	but please re	spond to	every state			-
be relevant to you how often you ex	u and some will not be, perience the thoughts o	but please re r feelings sta	spond to e	Once a	once a	Several times a	rself by
How often have 1. "I need to be others"	you thought? on my guard against be negative comments	but please re r feelings sta Not at all	Rarely	Once a month	Once a week	Several times a week	Daily
How often have 1. "I need to be others" 2. "There might being spread	you thought? on my guard against be negative comments	but please re r feelings sta Not at all	Rarely	Once a month	Once a week	Several times a week	Daily
How often have 1. "I need to be others" 2. "There might being spread 3. "People are d	you thought? on my guard against be negative comments about me" eliberately trying to	Not at all	Rarely	Once a month	Once a week	Several times a week	Daily
How often have 1. "I need to be others" 2. "There might being spread 3. "People are dirritate me" 4. "I might be be followed"	you thought? on my guard against be negative comments about me" eliberately trying to	Not at all	Rarely	Once a month	Once a week	Several times a week	Daily
How often have 1. "I need to be others" 2. "There might being spread 3. "People are dirritate me" 4. "I might be be followed" 5. "People are treatments."	you thought? on my guard against be negative comments about me" eliberately trying to eing observed or rying to upset me" ooking at me in an	Not at all	Rarely	Once a month	Once a week	Several times a week	Daily
How often have 1. "I need to be others" 2. "There might being spread 3. "People are d irritate me" 4. "I might be be followed" 5. "People are to unfriendly wa	you thought? on my guard against be negative comments about me" eliberately trying to eing observed or rying to upset me" ooking at me in an	Not at all	Rarely	Once a month	Once a week	Several times a week	Daily
How often have 1. "I need to be others" 2. "There might being spread 3. "People are dirritate me" 4. "I might be be followed" 5. "People are to unfriendly wad 7. "People are bine"	you thought? on my guard against be negative comments about me" eliberately trying to eing observed or rying to upset me" ooking at me in an y" eing hostile towards re being said about me	Not at all	Rarely	Once a month	Once a week	Several times a week	Daily Daily

7: A very

happy person

How often have you thought?	Not at all	Rarely	Once a month	Once a week	Several times a week	Daily
9. "Someone has bad intentions towards me"						
10. "Someone has it in for me"						
11. "People would harm me if given an opportunity"						
12. "People might be conspiring against me"						
13. "People are laughing at me"						
14. "I am under threat from others"						
15. "I can detect coded messages about me in the press/TV/internet"						

Please rate the following statements according to how much they apply to you. Please base your ratings on your thoughts and feelings <u>over the last month</u>.

	Very false for me	Moderately false for me	Slightly false for me	Slightly true for me	Moderately true for me	Very true for me
When something exciting is	ioi ille	laise for file	TOT THE	101 IIIe	true for file	101 IIIe
coming up in my life, I really look forward to it						
2. When I think about eating my favourite food, I can almost taste how good it is						
3. I don't look forward to things like eating out at restaurants						
4. When I'm on my way to an amusement park, I can hardly wait to ride the roller coasters						
5. I get so excited the night before a major holiday I can hardly sleep						
6. When I think of something tasty, like a chocolate biscuit, I have to have one						
7. Looking forward to a pleasurable experience is in itself pleasurable						
8. I look forward to a lot of things in my life						
9. When ordering something off a menu, I imagine how good it will taste						
10. When I hear about a new movie starring my favourite actor, I can't wait to see it						

How true are the following statements when you think about your feelings and behaviours <u>over the last two weeks</u>?

Over the last two weeks	Not true	Quite true	Very true
1. I felt miserable or unhappy			
2. I didn't enjoy anything at all			
3. I felt so tired I just sat around and did nothing			
4. I was very restless			
5. I felt I was no good anymore			
6. I cried a lot			
7. I found it hard to think properly or concentrate			
8. I hated myself			
9. I felt I was a bad person			
10. I felt lonely			
11. I thought that nobody really loved me			
12. I thought I could never be as good as others			
13. I did everything wrong			

Please rate how frequently you have the following experiences.

How often do you	Not at all	Rarely	Once a month	Once a week	Several times a week	Daily
1. Hear noises or sounds when there is nothing about to explain them?						
2. Feel that someone is touching you, but when you look nobody is there?						
3. Hear sounds or music that people near you don't hear?						
4. Detect smells which don't seem to come from your surroundings?						
5. See things that other people cannot?						
6. Experience unusual burning sensations or other strange feelings in or on your body that can't be explained?						
7. See shapes, lights, or colours even though there is nothing really there?						
8. Hear voices commenting on what you're thinking or doing?						
9. Notice smells or odours that people next to you seem unaware of?						

Based on your thoughts and feelings <u>over the last month</u>, how much do you agree with the following statements?

Not at all	Somewhat	A great deal	Completely
	Not at all	Not at all Somewhat	Not at all Somewhat A great deal

How true are the following statements when you think about your feelings over the last six months?

	Not true	Quite true	Very true
1. I don't want other people to know when I feel afraid			
When I cannot keep my mind on my schoolwork, I worry that I might be going crazy			
3. It scares me when I feel "shaky"			
4. It scares me when I feel like I am going to faint			
5. It is important for me to stay in control of my feelings			
6. It scares me when my heart beats fast			
7. I feel embarrassed when my stomach rumbles or makes noise			
8. It scares me when I feel like I am going to throw up			
9. When I notice that my heart is beating fast, I worry that there might be something wrong with me			
10. It scares me when I have trouble getting my breath			
11. When my stomach hurts, I worry that I might be really ill			
12. It scares me when I cannot concentrate on my schoolwork			
13. Others my age can tell when I feel shaky			
14. Unusual feelings in my body scare me			
15. When I am afraid, I worry that I might be crazy			
16. I get scared when I feel nervous			
17. I don't like to let my feelings show			
18. Funny feelings in my body scare me			

Please answer the questions below.		
	Yes	No
1. Are there very few things that you have ever enjoyed doing?		
2. Are you too independent to get involved with other people?		
3. Do you feel very close to your friends?		
4. Has dancing or the idea of dancing always seemed dull to you?		
5. Is trying new foods something you enjoy?		
6. Do you often feel uncomfortable when your friends touch you?		
7. Do you prefer watching television to going out with friends?		
Please answer the questions below based on your feelings over the last month.		
	Yes	No
1. Are you easily confused if too much happens at the same time?		
2. Do you frequently have difficulty in starting to do things?		
3. Are you a person whose mood goes up and down easily?		

4. Do you dread going into a room by yourself where other people have

6. Do you often have difficulties in controlling your thoughts?

9. Are you easily distracted when you read or talk to someone?

7. Are you easily distracted from work by daydreams?

words are all mixed up and don't make sense?

10. Is it hard for you to make decisions?

conversation?

5. Do you find it difficult to keep interested in the same thing for a long time?

8. Do you ever feel that your speech is difficult to understand because the

11. When in a crowded room, do you often have difficulty in following a

already gathered and are talking?

Please read each statement and decide how well it describes you based on your thoughts and behaviours <u>over the last six months</u>.

	Not at all true	Somewhat true	Quite true	Definitely true
1. I express my feelings openly				
2. What I think is 'right' and 'wrong' is different from what other people think				
3. I care about how well I do at school or work				
4. I do not care who I hurt to get what I want				
5. I feel bad or guilty when I do something wrong				
6. I do not show my emotions to others				
7. I do not care about being on time				
8. I am concerned about the feelings of others				
9. I do not care if I get into trouble				
10. I do not let my feelings control me				
11. I do not care about doing things well				
12. I seem very cold and uncaring to others				
13. I easily admit to being wrong				
14. It is easy for others to tell how I am feeling				
15. I always try my best				
16. I apologise to someone if I hurt them				
17. I try not to hurt others' feelings				
18. I do not feel remorseful when I do something wrong				
19. I am very expressive and emotional				
20. I do not like to put the time into doing things well				
21. The feelings of others are unimportant to me				
22. I hide my feelings from others				
23. I work hard on everything I do				
24. I do things to make others feel good				

Below is a list of statements. Please read each statement and rate how strongly you agree or disagree based on your feelings and behaviours <u>over the last six months</u>.

	Definitely disagree	Slightly disagree	Slightly agree	Definitely agree
1. I prefer to do things with others rather than on my own				
2. I find social situations easy				
3. I would rather go to a library than to a party				
4. I find myself drawn more strongly to people than to things				
5. I find it hard to make new friends				
6. I enjoy social occasions				
7. I enjoy meeting new people				
8. New situations make me anxious				
9. I usually notice car number plates or similar strings of information				
10. I am fascinated by dates				
11. I am fascinated by numbers				
12. I often notice patterns in things				
13. I like to collect information about categories of things				

These six questions ask about how satisfied you generally feel with different areas of your life. Please tick the answer that best represents how you feel about each area.

	Very dissatisfied	Quite dissatisfied	Slightly dissatisfied	Neutral	Slightly satisfied	Quite satisfied	Very satisfied
How do you generally feel about your family life?							
2. How happy are you with your friendships?							
3. How do you feel about your school experience?							
4. How do you feel about yourself?							
5. How do you feel about where you live?							
6. How do you feel about your life, overall?							

The following questions concern your skills and talents.

Do you feel you have a striking skill, compared to your gener other areas?	al ability in	Yes □	No □
IF YES, please tick ALL that apply: Maths □ Music □	Art □ Mem	ory 🗆	
Other: Science Sport Dance/Drama	Social skills		
Writing □ Technology/Computing □	Mechanical \square		
Do others tell you that you have a special ability, superior even	en to most adults?	Yes □	No 🗆
IF YES, please tick ALL that apply: Maths □ Music □	Art □ Mem	ory 🗆	
Other: Science Sport Dance/Drama Dance	Social skills		
Writing □ Technology/Computing □	Mechanical		
How well do the following statements describe you? Please gibeen for you over the last six months.	•	sed on how	things have
1. I try to be nice to other people. I care about their feelings			
2. I am restless, I cannot stay still for long			
3. I get a lot of headaches, stomach-aches or sickness			
4. I usually share with others (food, games, pens etc.)			
5. I get very angry and often lose my temper			
6. I am usually on my own. I generally play alone or keep to myself			
7. I usually do as I am told			
8. I worry a lot			
9. I am helpful if someone is hurt, upset or feeling ill			
10. I am constantly fidgeting or squirming			
11. I have one good friend or more			

	Not true	Quite true	Very true
12. I fight a lot. I can make other people do what I want			
13. Other people my age generally like me			
14. I am easily distracted, I find it difficult to concentrate			
15. I am nervous in new situations. I easily lose confidence			
16. I am kind to younger children			
18. I am often accused of lying or cheating			
19. Other children or young people pick on me or bully me			
20. I often volunteer to help others (parents, teachers, children)			
21. I think before I do things			
22. I take things that are not mine from home, school or elsewhere			
23. I get on better with adults than with people my own age			
24. I have many fears, I am easily scared			
25. I finish the work I'm doing. My attention is good			
The following questions are about how you perceive your body over the last six months.	y. Please ansv	ver based on yo	ur feelings

Over the last six	1	2	3	4	5	6	7	Prefer not
months	(not at all)		(slightly)		(moderately)		(extremely)	to answer
1. Have you felt fat?								
2. Have you had a definite fear that you might gain weight or become fat?								
3. Has your weight influenced how you think about yourself as a person?								
4. Has your shape influenced how you think about yourself as a person?								

The questions below deal with your own behaviour. For each question, please mark whether you have ever done the behaviour, how many times (please be as exact as you can), and how old you were the first time you did the behaviour.

Please be honest – remember that your answers are confidential so they will only ever be seen by the researcher.

1. Have you eve	er stole	en (or	tried to	steal) some	ething?				У	es 🗆	no	o 🗆
If yes, how old were you when you first did this? (in years)													
Less than 5		6-7		8-9		10-11		12-13	□ 1 ⁴	1-15		16+	
If yes, how man	ny time	s have	e you e	ver do	ne thi	s? (time/	s)						
Once		2-4		5-7		8-10		11-15		5-19		20+	
2. Have you eve	er run a	away f	rom ho	ome?						У	es 🗆	no	o 🗆
If yes, how old v	were y	ou wh	en you	ı first (did this	s? (in yea	ırs)						
Less than 5		6-7		8-9		10-11		12-13	□ 1	4-15		16+	
If yes, how man	ny time	s have	e you e	ver do	ne thi	s? (time/	s)						
Once		2-4		5-7		8-10		11-15		5-19		20+	
3. Have you eve him or her?	er attad	cked so	omeon	e with	the ic	lea of ser	riousl	y hurting c	or killing	У	es 🗆	no	o 🗆
If yes, how old w	were y	ou wh	ien you	ı first (did this	s? (in yea	ırs)						
Less than 5		6-7		8-9		10-11		12-13	□ 1	4-15		16+	
If yes, how man	ny time	s have	e you e	ver do	ne thi	s? (time/	s)						
Once		2-4		5-7		8-10		11-15		5-19		20+	
4. Have you eve	er beer	n invol	ved in	gang f	ights?					У	es 🗆	no	o 🗆
If yes, how old v	were y	ou wh	en you	ı first (did this	s? (in yea	ırs)						
Less than 5		6-7		8-9		10-11		12-13	□ 1	4-15		16+	
If yes, how man	ny time	s have	e you e	ver do	ne thi	s? (time/	s)						
Once		2-4		5-7		8-10		11-15	□ 1	5-19		20+	
5. Have you eve	er hit (d	or thre	eatene	d to hi	t) one	of your p	aren	ts?		У	es 🗆	no	o 🗆
If yes, how old v	were y	ou wh	ien you	ı first (did this	s? (in yea	ırs)					•	
Less than 5		6-7		8-9		10-11		12-13		4-15		16+	
If yes, how man	ny time	s have	e you e	ver do	ne thi	s? (time/	's)						

Once		2-4		5-7		8-10		11-15		15	-19		20+	
6. Have you ev	ver bee	n loud	, rowd	y, or ui	nruly i	n a public	plac	ce?			ує	es 🗆	no	o 🗆
If yes, how old were you when you first did this? (in years)														
Less than 5		6-7		8-9		10-11		12-13		14	-15		16+	
If yes, how ma	ny time	es hav	e you (ever do	ne th	is? (time/	s)							
Once		2-4		5-7		8-10		11-15		15	-19		20+	
7. Have you ev	er take	n a ve	hicle f	or a dr	ive wi	thout the	own	er's permis	ssion?		ує	es 🗆	no	o 🗆
If yes, how old	l were y	ou wł	nen yo	u first (did thi	is? (in yea	rs)			•				
Less than 5		6-7		8-9		10-11		12-13		14	-15		16+	
If yes, how ma	ny time	es hav	e you (ever do	ne th	is? (time/	s)							
Once		2-4		5-7		8-10		11-15		15	-19		20+	
8. Have you ev			ical fo	rce to g	get mo	ney or th	ings	from a tea	cher or		ує	es 🗆	no	o 🗆
If yes, how old	l were y	ou wł	nen yo	u first (did thi	is? (in yea	rs)			,				
Less than 5		6-7		8-9		10-11		12-13		14-	-15		16+	
If yes, how ma	ny time	es hav	e you (ever do	ne th	is? (time/	s)							
Once		2-4		5-7		8-10		11-15		15	-19		20+	
-1 6 11 .	_								_				_	

The following questions are interested in what you are most usually like. For each of the following statements please select the option that best describes how often you feel that way.

		Almost Never	Not Very Often at All	Not Very Often	Somewhat Often	Very Often	Almost Always
1.	It seems that I am doing things automatically without really being aware of what I am doing						
2.	I rush through activities without being really attentive to them.						
3.	I focus so much on a future goal I want to achieve that I don't pay attention to what I am doing right now to reach it						
4.	I do jobs, chores, or schoolwork automatically without being aware of what I'm doing						
5.	I find myself doing things without paying attention						

Here is a list of events that might have happened to you recently. Please put a tick in either the 'No' or 'Yes' box if the event has happened in the past year.

If you answered 'yes' then please indicate what it was like, choosing one of the options given, ranging from 'very unpleasant' to 'very pleasant'. In the past year, I have experienced...

	Yes	No	Very unpleasant	Moderately unpleasant	Neither unpleasant or pleasant	Moderately pleasant	Very pleasant
The loss of a job by my father or mother							
Marital separation of my parents							
Becoming involved with drugs							
4. The death of a close friend or relative							
5. Being hospitalized for illness or injury							
6. Being sent away from home							
7. Breaking up with a boyfriend/girlfriend							
8. The hospitalization of my brother or sister							
9. Suspension from school/college							
10. Failing an important exam							
11. Remarriage of a parent to a stepparent							
12. Hospitalization of a parent							
13. Being responsible for a road accident							
14. A major decrease in parental income							
15. Getting pregnant or fathering a pregnancy							
16. Outstanding personal achievement							

	Yes	No	Very unpleas		Modera unplea:	•	Neithe unpleasar pleasar	nt or		erately asant	Very pleasant
17. Decrease in number of arguments betwee parents	n 🗆										
18. Becoming a member a church	of \square		1 🗆								
19. Beginning to date			1 🗆								
20. Moving to a new schoor college	ool 🗆										
Are you left or right hande	ed?										
			Left ha	nded		Righ	ht handed		N	lixed hand	ded
1. I am											
Left hand Right hand Mixed											
2. When writing, I use my	·]							
We are also interested in	vour use of	soci	al networ	·king (sites s	uch a	as Faceho	ok			
The are also interested in								J			
						Yes				No	
1. Do you have a Faceboo	k account?										
						(Six -	Гwo –			
			Less than one month		e – six onths	moi	nths –	Four years	- 1	ive years or more	No account
2. How long have you had account for?	l a Facebook	(
3. What do you use Facebo	ook for? Dlo	200	chock all	that a	nnly						
5. What do you use racebo	JON IOI: FIE	asc	CHECK all	tiiat a	рріу.						
☐ Sending/receiving mess	ages 🗆 S	Send	ding/receiv	ing wa	all posts	s [☐ Talking	g on cl	hat		
☐ Sharing photos		Mee	ting new p	eople			☐ Organ	ising e	event	ts	
☐ Facebook places		Play	ing games	or usi	ng appl	icatio	ons 🗆	No a	iccou	nt	
	Three times or more per day	1	I	nce a day	A cou	es a	Once a week	Once		Less than once a month	No account
4. How often do you typically check Facebook for updates?]		

		30 mins	1 hour	hours	hours	hours	or more	accoun
5.	On average, how much time pe week do you think you spend o Facebook?							
you	How many friends do you have of don't have a Facebook account and the last are you when you log in the last are you when you w	t, then please No account	put a cross	for 'no a	ccount'.	ow with c	one digit pe	er box. T
	computer in my bedroom at library on iPad/iPod touch or similar	computer ar at a friend's	house	at home		school mobile pl	hone	
8. \	Vhich other social networking s	ites do you be	elong to?					
_ _	Myspace		Twitter Don't belor	□ ng to any o	Piczo ther socia	l networks	5	

30 mins -

Less than

10 - 20

20 hours

No

5 - 10

Thank you for completing this questionnaire. We really appreciate your contribution.