## 16 Year Behaviour/LEAP Study Child Booklet Coding (Wave 1 and Wave 2)

The layout and formatting of the original booklet have been changed, in order to accommodate variable names and value codes. As a result, the number of items on some pages has changed, hence page numbering has been removed. The wording of the questions themselves is unchanged.

Almost all responses in this booklet were recorded by means of tick boxes, and these have been numerically coded. The two exceptions are the questions about the number of Facebook friends and the Twitter username, near the end of the booklet - these questions had free numeric/text responses instead of tick boxes.

This document shows the numeric response value codes (for tick boxes) and the variable names for every item in the booklet, both in the analysis dataset and in the database of raw data.

Variables in the analysis dataset
Variable names and response value codes used in the analysis dataset are shown in RED for all items.

All items in this booklet are twin-specific. In the dataset, these items have been double entered, with one row of data per twin, and with the twin and co-twin data in each row. To differentiate between equivalent variables for twin and cotwin, the variable names as shown in this document have suffixes added in the dataset: variables for the twin identified in a given row of data have '1' appended to their names, while variables for the co-twin have '2' appended to their names. (Note this does not relate to which twin is the elder or younger in each pair.) The variable names shown in this document do not have the suffix '1' or '2' added.

## Variables in the cleaned raw data

The cleaned and aggregated raw data are stored in an Access database.
Variable names are shown in RED, because in nearly all cases these are the same as those used in the dataset, minus the suffix '1' or '2' that is added to each dataset variable name (as described above). In a very few cases, variable names are shown in BLUE for variables that that differ between the raw data and the dataset. Where response value codes differ in the raw data from those used in the dataset, the raw data codes are shown in BLUE (usually in table headings), while the dataset codes are shown in RED (in the body of the table).

For some measures, the response value codes in the raw data are identical to those used in the dataset. In these cases, the coding is shown in RED only. Notes in BLUE are used to explain whether or not the response value coding has changed from the raw data to the dataset.

In the cleaned raw data, values -99 and -77 are used to denote 'missing' and 'not applicable' respectively in the cleaned raw data, while these are replaced by missing values in the analysis dataset.

Changes from wave 1 to wave 2
Several measures used in the wave 1 booklet were dropped, while several new measures were added, for wave 2 of the study. Explanatory notes (in RED) show whether each measure was included in wave 1 only, wave 2 only, or both waves. Where measures were retained for both waves, consistent variable names and response codes have been used across waves.

Twin ID: TwinID
(numeric ID number - used in the raw data but not in the
analysis dataset)

Name:
(not in the raw data)

## TEDS BEHAVIOUR STUDY

For this study, please answer all questions as best you can even if you are unsure what to put or the question seems repetitive or daft! All the questions are important. Remember, there are no right or wrong answers - just respond according to how you feel or how you do things.

Please indicate your answers with a cross X
If you make a mistake, shade out and cross the appropriate box, e.g. $x \square \rightarrow \square$

Please remember to complete this questionnaire using BLACK ink only.

Thank you for taking part in this study. Your contribution is very important to us.

## Confidentiality

We understand that your thoughts and feelings are private. Please be assured that all responses will remain confidential, and will only be read by the researcher. All responses will be kept in accordance with the Data Protection Act 1998.

## Rewards

To say thank you for completing this questionnaire, we would like to send you a $£ 10$ voucher for either iTunes or Love2Shop. Please indicate which voucher you would prefer below:
iTunes
Love2Shop
Not in the raw data - used only for admin purposes at the time of data collection.

For each statement listed below, how do you compare to other people of your age?
[INCLUDED IN WAVE 1 ONLY]

| Compared to other people of my age... <br> (response coding in the raw data is the same as in the dataset) |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 1. I pay close attention to detail and avoid careless mistakes | pcbhswan01 | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 2. I sustain attention on tasks or leisure activities | pcbhswan02 | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 3. I listen when spoken to directly | pcbhswan03 | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 4. I follow through on instructions and finish school work or chores | pcbhswan04 | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 5. I am organised in my tasks and activities | pcbhswan05 | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 6. I engage in tasks that require sustained mental effort | pcbhswan06 | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 7. I keep track of things necessary for activities | pcbhswan07 | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 8. I ignore distractions that go on around me | pcbhswan08 | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 9. I remember to do daily activities | pcbhswan09 | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 10. I sit still (control movement of hands/ feet) | pcbhswan10 | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 11. I stay seated when required to | pcbhswan11 | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 12. I stop myself from moving about when it is inappropriate to do so | pcbhswan12 | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 13. When engaging in leisure activities, I keep noise levels reasonable | pcbhswan13 | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 14. I can settle down and rest (control constant activity) | pcbhswan14 | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 15. I am able to control how much I talk | pcbhswan15 | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 16. I reflect on questions and control blurting out answers | pcbhswan16 | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 17. I await my turn rather than queue jumping | pcbhswan17 | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 18. I enter into conversations without interrupting | pcbhswan18 | 1 | 2 | 3 | 4 | 5 | 6 | 7 |

For each of the following statements and/or questions, please select the point on the scale that you feel is most appropriate in describing you

## [INCLUDED IN BOTH WAVES]

(response coding in the raw data is the same as in the dataset)

1. In general, I consider myself:
pcbhshs1

| 1: A very unhappy person | 2 | 3 | 4: Neutral | 5 | 6 | 7: A very happy person |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| $\square 1$ | $\square 2$ | $\square 3$ | $\square 4$ | $\square 5$ | $\square 6$ | $\square 7$ |

2. Compared to people of my age, I consider myself: pcbhshs2

| 1: Much less <br> happy | 2 | 3 | 4: Average | 5 | 6 | 7: Much <br> more happy |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| $\square 1$ |  |  |  |  |  |  |

3. Some people are generally very happy and enjoy life regardless of what is going on. To what extent does this describe you? pcbhshs3

| 1: Not at all | 2 | 3 | 4: Mixed | 5 | 6 | 7: A great <br> deal |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| $\square 1$ | $\square 2$ | $\square 3$ | $\square 4$ | $\square 5$ | $\square$ | $\square$ |
| $\square$ |  |  |  |  |  |  |

4. Some people are generally not very happy. Whatever is going on, they never seem as happy as they might be. To what extent does this describe you? pcbhshs4

| 1: Not at all | 2 | 3 | 4: Mixed | 5 | 6 | 7: A great |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| deal |  |  |  |  |  |  |
| $\square 1$ | $\square 2$ | $\square$ | $\square$ | $\square 4$ | $\square 5$ | $\square$ |

In this part of the questionnaire we are interested in a wide variety of experiences. Some of these may be relevant to you and some will not be, but please respond to every statement. Please rate yourself by how often you experience the thoughts or feelings stated below
[INCLUDED IN BOTH WAVES]

| How often have you thought...? <br> (responses recoded from 1/2/3/4/5/6 in raw data to $0 / 1 / 2 / 3 / 4 / 5$ in dataset) |  | $\overline{\overline{0}}$ $\stackrel{1}{0}$ $\stackrel{\rightharpoonup}{0}$ + | $\begin{aligned} & \stackrel{\rightharpoonup}{\stackrel{\rightharpoonup}{0}} \\ & \stackrel{0}{0} \\ & \end{aligned}$ |  |  |  | 入 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | 1 | 2 | 3 | 4 | 5 | 6 |
| 1. "I need to be on my guard against others" | pcbhprnd01 | $\square 0$ | $\square 1$ | $\square 2$ | $\square 3$ | $\square 4$ | $\square 5$ |
| 2. "There might be negative comments being spread about me" | pcbhprnd02 |  |  |  | $\square 3$ | $\square 4$ | $\square 5$ |
| 3. "People are deliberately trying to irritate me" | pcbhprnd03 | $\square 0$ | $\square 1$ | $\square 2$ | $\square 3$ | $\square 4$ | $\square 5$ |
| 4. "I might be being observed or followed" | pcbhprnd04 | $\square 0$ | $\square 1$ | $\square 2$ | $\square 3$ | $\square 4$ | $\square 5$ |
| 5. "People are trying to upset me" | pcbhprnd05 | $\square 0$ | $\square 1$ | $\square 2$ | $\square 3$ | $\square 4$ | $\square 5$ |
| 6. "People are looking at me in an unfriendly way" | pcbhprnd06 | $\square 0$ | $\square 1$ | $\square 2$ | $\square 3$ | $\square 4$ | $\square 5$ |
| 7. "People are being hostile towards me" | pcbhprnd07 | $\square 0$ | $\square 1$ | $\square 2$ | $\square 3$ | $\square 4$ | $\square 5$ |
| 8. "Bad things are being said about me behind my back" | pcbhprnd08 | $\square 0$ | $\square 1$ | $\square 2$ | $\square 3$ | $\square 4$ | $\square 5$ |
| 9. "Someone has bad intentions towards me" | pcbhprnd09 | $\square 0$ | $\square 1$ | $\square 2$ | $\square 3$ | $\square 4$ | $\square 5$ |
| 10. "Someone has it in for me" | pcbhprnd10 | $\square 0$ | $\square 1$ | $\square 2$ | $\square 3$ | $\square 4$ | $\square 5$ |
| 11. "People would harm me if given an opportunity" | pcbhprnd11 | $\square 0$ | $\square 1$ | $\square 2$ | $\square 3$ | $\square 4$ | $\square 5$ |
| 12. "People might be conspiring against me" | pcbhprnd12 | $\square 0$ | $\square 1$ | $\square 2$ | $\square 3$ | $\square 4$ | $\square 5$ |
| 13. "People are laughing at me" | pcbhprnd13 | $\square 0$ | $\square 1$ | $\square 2$ | $\square 3$ | $\square 4$ | $\square 5$ |
| 14. "I am under threat from others" | pcbhprnd14 | $\square 0$ | $\square 1$ | $\square 2$ | $\square 3$ | $\square 4$ | $\square 5$ |
| 15. "I can detect coded messages about me in the press/TV/internet" | pcbhprnd15 | $\square 0$ | $\square 1$ |  |  |  | $\square 5$ |


| [INCLUDED IN WAVE 2 ONLY] <br> (responses recoded from 1/2/3/4 in <br> raw data to 0/1/2/3 in dataset) | Not <br> distressed | A bit <br> distressed | Quite <br> distressed | Very <br> distressed |
| :--- | :---: | :---: | :---: | :---: |
|  | 1 | 2 | 3 | 4 |
| Overall, how distressed are you by these <br> thoughts and feelings? pabhdistr1 | $\square 0$ | $\square 1$ | $\square$ | $\square$ |

Please rate the following statements according to how much they apply to you. Please base your ratings on your thoughts and feelings over the last month.
[INCLUDED IN BOTH WAVES]

| (responses recoded from 1/2/3/4/5/6 in raw data to $0 / 1 / 2 / 3 / 4 / 5$ in dataset) |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | 1 | 2 | 3 | 4 | 5 | 6 |
| 1. When something exciting is coming up in my life, I really look forward to it | pcbhteps01 | $\square 0$ | $\square 1$ | $\square 2$ | $\square 3$ | $\square 4$ | $\square 5$ |
| 2. When I think about eating my favourite food, I can almost taste how good it is | pcbhteps02 | $\square 0$ | $\square 1$ | $\square 2$ | $\square 3$ | $\square 4$ | $\square 5$ |
| 3. I don't look forward to things like eating out at restaurants | pcbhteps03 |  |  |  | $\square 3$ | $\square 4$ | $\square 5$ |
| 4. When I'm on my way to an amusement park, I can hardly wait to ride the roller coasters | pcbhteps04 | $\square 0$ | $\square 1$ | $\square 2$ | $\square 3$ | $\square 4$ | $\square 5$ |
| 5. I get so excited the night before a major holiday I can hardly sleep | pcbhteps05 |  | $\square 1$ | $\square 2$ | $\square 3$ |  | $\square 5$ |
| 6. When I think of something tasty, like a chocolate biscuit, I have to have one | pcbhteps06 | $\square 0$ | $\square 1$ | $\square 2$ | $\square 3$ | $\square 4$ | $\square 5$ |
| 7. Looking forward to a pleasurable experience is in itself pleasurable | pcbhteps07 | $\square 0$ | $\square 1$ | $\square 2$ | $\square 3$ | $\square 4$ | $\square 5$ |
| 8. I look forward to a lot of things in my life | pcbhteps08 | $\square 0$ | $\square 1$ | $\square 2$ | $\square 3$ | $\square 4$ | $\square 5$ |
| 9. When ordering something off a menu, I imagine how good it will taste | pcbhteps09 | $\square 0$ | $\square 1$ | $\square 2$ | $\square 3$ | $\square 4$ | $\square 5$ |
| 10. When I hear about a new movie starring my favourite actor, I can't wait to see it | pcbhteps10 | $\square 0$ | $\square 1$ | $\square 2$ | $\square 3$ |  | $\square 5$ |

How true are the following statements when you think about your feelings and behaviours over the last two weeks?
[INCLUDED IN BOTH WAVES]

| Over the last two weeks... (responses recoded from $1 / 2 / 3$ in raw data to $0 / 1 / 2$ in dataset) |  | Not true | Quite true | Very true |
| :---: | :---: | :---: | :---: | :---: |
|  |  | 1 | 2 | 3 |
| 1. I felt miserable or unhappy | pcbhmfq01 | $\square 0$ | $\square 1$ | $\square 2$ |
| 2. I didn't enjoy anything at all | pcbhmfq02 | $\square 0$ | $\square 1$ | $\square 2$ |
| 3. I felt so tired I just sat around and did nothing | pcbhmfq03 | $\square 0$ | $\square 1$ | $\square 2$ |
| 4. I was very restless | pcbhmfq04 | $\square 0$ | $\square 1$ |  |
| 5. I felt I was no good anymore | pcbhmfq05 | $\square$ | $\square$ | $\square 2$ |
| 6. I cried a lot | pcbhmfq06 | $\square 0$ | $\square 1$ | $\square 2$ |
| 7. I found it hard to think properly or concentrate | pcbhmfq07 | $\square 0$ | $\square 1$ | $\square 2$ |
| 8. I hated myself | pcbhmfq08 | $\square$ | $\square 1$ |  |
| 9. I felt I was a bad person | pcbhmfq09 | $\square$ | $\square 1$ |  |
| 10. I felt lonely | pcbhmfq10 | $\square$ | $\square$ |  |
| 11. I thought that nobody really loved me | pcbhmfq11 | $\square$ | $\square$ |  |
| 12. I thought I could never be as good as others | pcbhmfq12 | $\square$ | $\square$ |  |
| 13. I did everything wrong | pcbhmfq13 | $\square 0$ | $\square 1$ | $\square 2$ |

Please rate how frequently you have the following experiences.
[INCLUDED IN BOTH WAVES]

| How often do you... <br> (responses recoded from <br> 1/2/3/4/5/6 in raw data to <br> 0/1/2/3/4/5 in dataset) |  | $\begin{aligned} & \overline{\overline{0}} \\ & \stackrel{\rightharpoonup}{0} \\ & \stackrel{\rightharpoonup}{2} \end{aligned}$ | $\begin{aligned} & \frac{\lambda}{\stackrel{\rightharpoonup}{0}} \\ & \stackrel{0}{0} \\ & \stackrel{y}{c} \end{aligned}$ |  |  |  | - |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | 1 | 2 | 3 | 4 | 5 | 6 |
| 1. Hear noises or sounds when there is nothing about to explain them? | pcbhcaps1 | $\square 0$ | $\square 1$ | $\square 2$ | $\square 3$ | $\square 4$ | $\square 5$ |
| 2. Feel that someone is touching you, but when you look nobody is there? | pcbhcaps2 | $\square 0$ | $\square 1$ | $\square 2$ | $\square 3$ | $\square 4$ | $\square 5$ |
| 3. Hear sounds or music that people near you don't hear? | pcbhcaps3 | $\square 0$ | $\square 1$ | $\square 2$ | $\square 3$ | $\square 4$ | $\square 5$ |
| 4. Detect smells which don't seem to come from your surroundings? | pcbhcaps4 | $\square 0$ | $\square 1$ | $\square 2$ | $\square 3$ | $\square 4$ | $\square 5$ |
| 5. See things that other people cannot? | pcbhcaps5 | $\square 0$ | $\square 1$ | $\square 2$ | $\square 3$ | $\square 4$ | $\square 5$ |
| 6. Experience unusual burning sensations or other strange feelings in or on your body that can't be explained? | pcbhcaps6 | $\square 0$ | $\square 1$ | $\square 2$ | $\square 3$ | $\square 4$ | $\square 5$ |
| 7. See shapes, lights, or colours even though there is nothing really there? | pcbhcaps 7 | $\square 0$ | $\square 1$ | $\square 2$ | $\square 3$ | $\square 4$ | $\square 5$ |
| 8. Hear voices commenting on what you're thinking or doing? | pcbhcaps8 | $\square 0$ | $\square 1$ | $\square 2$ | $\square 3$ | $\square 4$ | $\square 5$ |
| 9. Notice smells or odours that people next to you seem unaware of? | pcbhcaps9 | $\square 0$ | $\square 1$ | $\square 2$ | $\square 3$ | $\square 4$ | $\square 5$ |


| [INCLUDED IN WAVE 2 ONLY] <br> (responses recoded from 1/2/3/4 <br> in raw data to 0/1/2/3 in <br> dataset) | Not <br> distressed | A bit <br> distressed | Quite <br> distressed | Very <br> distressed |
| :--- | :---: | :---: | :---: | :---: |
|  | 1 | 2 | 3 | 4 |
| Overall, how distressed are you by these <br> experiences? pcbhdistr2 | $\square 0$ | $\square 1$ | $\square 2$ | $\square 3$ |

Based on your thoughts and feelings over the last month, how much do you agree with the following statements?
[INCLUDED IN BOTH WAVES]

| (responses recoded from 1/2/3/4 in raw data to 0/1/2/3 in dataset) |  | Not at all | Somewhat | A great deal | Completely |
| :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | 1 | 2 | 3 | 4 |
| 1. I have a special mission | pcbhgrnd1 | $\square 0$ | $\square 1$ | $\square 2$ | $\square 3$ |
| 2. I have many great ideas | pcbhgrnd2 | $\square 0$ | $\square 1$ | $\square 2$ | $\square 3$ |
| 3. Everything I do is great | pcbhgrnd3 | $\square 0$ | $\square 1$ | $\square 2$ | $\square 3$ |
| 4. I am, or am destined to be, someone very important | pcbhgrnd4 | $\square 0$ | $\square 1$ | $\square 2$ | $\square 3$ |
| 5. I am a very special or unusual person | pcbhgrnd5 | $\square 0$ | $\square 1$ | $\square 2$ | $\square 3$ |
| 6. I have special abilities that others do not | pcbhgrnd6 | $\square 0$ | $\square 1$ | $\square 2$ | $\square 3$ |
| 7. I am much more unique than anyone else | pcbhgrnd7 | $\square 0$ | $\square 1$ | $\square 2$ | $\square 3$ |
| 8. Everyone is going to know about me because of my greatness | pcbhgrnd8 | $\square 0$ | $\square 1$ | $\square 2$ | $\square 3$ |


| ```[INCLUDED IN WAVE 2 ONLY] (responses recoded from 1/2/3/4 in raw data to 0/1/2/3 in dataset)``` | Not distressed | A bit distressed | Quite distressed | Very distressed |
| :---: | :---: | :---: | :---: | :---: |
|  | 1 | 2 | 3 | 4 |
| Overall, how distressed are you by these thoughts? pcbhdistr3 | $\square 0$ | $\square 1$ | $\square 2$ | $\square 3$ |

How true are the following statements when you think about your feelings over the last six months? [INCLUDED IN BOTH WAVES]

| (responses recoded from 1/2/3 in raw data to $0 / 1 / 2$ in dataset) |  | Not true | Quite true | Very true |
| :---: | :---: | :---: | :---: | :---: |
|  |  | 1 | 2 | 3 |
| 1. I don't want other people to know when I feel afraid | pcbhcasi01 | $\square$ |  | $\square$ |
| 2. When I cannot keep my mind on my schoolwork, I worry that I might be going crazy | pcbhcasi02 | $\square$ | $\square 1$ | $\square$ |
| 3. It scares me when I feel "shaky" | pcbhcasi03 | $\square$ | $\square 1$ | $\square$ |
| 4. It scares me when I feel like I am going to faint | pcbhcasi04 | $\square$ | $\square$ | $\square$ |
| 5. It is important for me to stay in control of my feelings | pcbhcasi05 | $\square 0$ | $\square 1$ | $\square$ |
| 6. It scares me when my heart beats fast | pcbhcasi06 | $\square$ | $\square 1$ | $\square$ |
| 7. I feel embarrassed when my stomach rumbles or makes noise | pcbhcasi07 | $\square$ | $\square 1$ | $\square 2$ |
| 8. It scares me when I feel like I am going to throw up | pcbhcasi08 | $\square$ |  | $\square$ |
| 9. When I notice that my heart is beating fast, I worry that there might be something wrong with me | pcbhcasi09 | $\square 0$ | $\square 1$ | $\square$ |
| 10. It scares me when I have trouble getting my breath | pcbhcasi10 | $\square$ |  | $\square$ |
| 11. When my stomach hurts, I worry that I might be really ill | pcbhcasi11 | $\square$ | $\square 1$ | $\square$ |
| 12. It scares me when I cannot concentrate on my schoolwork | pcbhcasi12 | $\square$ | $\square 1$ | $\square$ |
| 13. Others my age can tell when I feel shaky | pcbhcasi13 | $\square 0$ | $\square$ | $\square$ |
| 14. Unusual feelings in my body scare me | pcbhcasi14 | $\square$ | $\square$ | $\square$ |
| 15. When I am afraid, I worry that I might be crazy | pcbhcasi15 | $\square$ | $\square$ | $\square$ |
| 16. I get scared when I feel nervous | pcbhcasi16 | $\square$ | $\square$ | $\square$ |
| 17. I don't like to let my feelings show | pcbhcasi17 | $\square$ | $\square$ | $\square$ |
| 18. Funny feelings in my body scare me | pcbhcasi18 | $\square$ | $\square 1$ | $\square$ |

## Please answer the questions below.

[INCLUDED IN BOTH WAVES]

| (Yes/no responses recoded from $1 / 2$ in the raw data to $1 / 0$ in the dataset) |  | Yes | No |
| :---: | :---: | :---: | :---: |
|  |  | 1 | 2 |
| 1. Are there very few things that you have ever enjoyed doing? | pcbhanhd1 | $\square$ | $\square$ |
| 2. Are you too independent to get involved with other people? | pcbhanhd2 | $\square$ | $\square$ |
| 3. Do you feel very close to your friends? | pcbhanhd3 | $\square 1$ | $\square$ |
| 4. Has dancing or the idea of dancing always seemed dull to you? | pcbhanhd4 | $\square 1$ | $\square$ |
| 5. Is trying new foods something you enjoy? | pcbhanhd5 | $\square$ | $\square$ |
| 6. Do you often feel uncomfortable when your friends touch you? | pcbhanhd6 |  | $\square$ |
| 7. Do you prefer watching television to going out with friends? | pcbhanhd7 |  | $\square$ |

Please answer the questions below based on your feelings over the last month.
[INCLUDED IN BOTH WAVES]

| (Yes/no responses recoded from $1 / 2$ in the raw data to $1 / 0$ in the dataset) |  | Yes | No |
| :---: | :---: | :---: | :---: |
|  |  | 1 | 2 |
| 1. Are you easily confused if too much happens at the same time? | pcbhcgds01 | $\square$ | $\square$ |
| 2. Do you frequently have difficulty in starting to do thin | hcgds02 |  | $\square 0$ |
| 3. Are you a person whose mood goes up and down | hcgds03 |  | $\square$ |
| 4. Do you dread going into a room by yourself where other people have already gathered and are talking? | pcbhcgds04 | $\square$ | $\square$ |
| 5. Do you find it difficult to keep interested in the same thing for a long time? | pcbhcgds05 | $\square 1$ | $\square$ |
| 6. Do you often have difficulties in controlling your thoughts? | pcbhcgds06 | $\square 1$ | $\square$ |
| 7. Are you easily distracted from work by daydreams? | bhcgds07 | $\square 1$ | $\square$ |
| 8. Do you ever feel that your speech is difficult to understand because the words are all mixed up and don't make sense? | pcbhcgds08 |  | $\square$ |
| 9. Are you easily distracted when you read or talk to someone? | pcbhcgds09 | $\square 1$ | $\square$ |
| 10. Is it hard for you to make decisions? | pcbhcgds10 | $\square 1$ | $\square$ |
| 11. When in a crowded room, do you often have difficulty in following a conversation? | bhcgds11 | 1 | $\square$ |


| [INCLUDED IN WAVE 2 ONLY] <br> (responses recoded from 1/2/3/4 <br> raw data to $0 / 1 / 2 / 3$ in dataset) | Not <br> distressed | A bit <br> distressed | Quite <br> distressed | Very <br> distressed |
| :--- | :---: | :---: | :---: | :---: |
|  | 1 | 2 | 3 | 4 |
| Overall, how distressed are you by these <br> feelings? pcbhdistr4 | $\square 0$ | $\square 1$ | $\square$ | $\square 3$ |

Please read each statement and decide how well it describes you based on your thoughts and behaviours over the last six months.
[INCLUDED IN WAVE 1 ONLY]

| (responses recoded from 1/2/3/4 in raw data to $0 / 1 / 2 / 3$ in dataset) |  | Not at all true | Somewhat true | Quite true | Definitely true |
| :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | 1 | 2 | 3 | 4 |
| 1. I express my feelings openly | pcbhicut01 | $\square 0$ | $\square 1$ | $\square 2$ | $\square 3$ |
| 2. What I think is 'right' and 'wrong' is different from what other people think | pcbhicut02 | $\square 0$ | $\square 1$ | $\square 2$ | $\square 3$ |
| 3. I care about how well I do at school or work | pcbhicut03 | $\square 0$ | $\square 1$ | $\square 2$ | $\square 3$ |
| 4. I do not care who I hurt to get what I want | pcbhicut04 | $\square 0$ | $\square 1$ | $\square 2$ | $\square 3$ |
| 5. I feel bad or guilty when I do something wrong | pcbhicut05 | $\square 0$ | $\square 1$ | $\square 2$ | $\square 3$ |
| 6. I do not show my emotions to others | pcbhicut06 | $\square 0$ | $\square 1$ | $\square 2$ | $\square 3$ |
| 7. I do not care about being on time | pcbhicut07 | $\square 0$ | $\square 1$ | $\square 2$ | $\square 3$ |
| 8. I am concerned about the feelings of others | pcbhicut08 | $\square 0$ | $\square 1$ | $\square 2$ | $\square 3$ |
| 9. I do not care if I get into trouble | pcbhicut09 | $\square 0$ | $\square 1$ | $\square 2$ | $\square 3$ |
| 10. I do not let my feelings control me | pcbhicut10 | $\square 0$ | $\square 1$ | $\square 2$ | $\square 3$ |
| 11. I do not care about doing things well | pcbhicut11 | $\square 0$ | $\square 1$ | $\square 2$ | $\square 3$ |
| 12. I seem very cold and uncaring to others | pcbhicut12 | $\square 0$ | $\square 1$ | $\square 2$ | $\square 3$ |
| 13. I easily admit to being wrong | pcbhicut13 | $\square 0$ | $\square 1$ | $\square 2$ |  |
| 14. It is easy for others to tell how I am feeling | pcbhicut14 | $\square 0$ | $\square 1$ | $\square 2$ | $\square 3$ |
| 15. I always try my best | pcbhicut15 | $\square 0$ | $\square 1$ | $\square 2$ | $\square 3$ |
| 16. I apologise to someone if I hurt them | pcbhicut16 | $\square 0$ | $\square 1$ | $\square 2$ | $\square 3$ |
| 17. I try not to hurt others' feelings | pcbhicut17 | $\square 0$ | $\square 1$ | $\square 2$ | $\square 3$ |
| 18. I do not feel remorseful when I do something wrong | pcbhicut18 | $\square 0$ | $\square 1$ | $\square 2$ | $\square 3$ |
| 19. I am very expressive and emotional | pcbhicut19 | $\square 0$ | $\square 1$ | $\square 2$ | $\square 3$ |
| 20. I do not like to put the time into doing things well | pcbhicut20 | $\square 0$ | $\square 1$ | $\square 2$ | $\square 3$ |
| 21. The feelings of others are unimportant to me | pcbhicut21 | $\square 0$ | $\square 1$ | $\square 2$ | $\square 3$ |
| 22. I hide my feelings from others | pcbhicut22 | $\square 0$ | $\square 1$ |  |  |
| 23. I work hard on everything I do | pcbhicut23 | $\square 0$ | $\square 1$ |  | $\square 3$ |
| 24. I do things to make others feel good | pcbhicut24 | $\square 0$ | $\square 1$ |  | $\square 3$ |

Below is a list of statements. Please read each statement and rate how strongly you agree or disagree based on your feelings and behaviours over the last six months.
[INCLUDED IN BOTH WAVES]

| (responses recoded from 1/2/3/4 in raw data to 0/1/2/3 in dataset) |  | Definitely disagree | Slightly disagree | Slightly agree | Definitely agree |
| :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | 1 | 2 | 3 | 4 |
| 1. I prefer to do things with others rather than on my own | pcbhaq01 | $\square 0$ | $\square 1$ | $\square 2$ | $\square 3$ |
| 2. I find social situations easy | pcbhaq02 | $\square 0$ | $\square 1$ | $\square 2$ | $\square 3$ |
| 3. I would rather go to a library than to a party | pcbhaq03 | $\square 0$ | $\square 1$ | $\square 2$ | $\square 3$ |
| 4. I find myself drawn more strongly to people than to things | pcbhaq04 | $\square 0$ | $\square 1$ | $\square 2$ | $\square 3$ |
| 5. I find it hard to make new friends | pcbhaq05 | $\square 0$ | $\square 1$ | $\square 2$ | $\square 3$ |
| 6. I enjoy social occasions | pcbhaq06 | $\square 0$ | $\square 1$ | $\square 2$ | $\square 3$ |
| 7. I enjoy meeting new people | pcbhaq07 | $\square 0$ | $\square 1$ | $\square 2$ | $\square 3$ |
| 8. New situations make me anxious | pcbhaq08 | $\square 0$ | $\square 1$ | $\square 2$ | $\square 3$ |
| 9. I usually notice car number plates or similar strings of information | pcbhaq09 | $\square 0$ | $\square 1$ | $\square 2$ | $\square 3$ |
| 10. I am fascinated by dates | pcbhaq10 | $\square 0$ | $\square 1$ | $\square 2$ | $\square 3$ |
| 11. I am fascinated by numbers | pcbhaq11 | $\square 0$ | $\square 1$ | $\square 2$ | $\square 3$ |
| 12. I often notice patterns in things | pcbhaq12 | $\square 0$ | $\square 1$ | $\square 2$ | $\square 3$ |
| 13. I like to collect information about categories of things | pcbhaq13 | $\square 0$ | $\square 1$ | $\square 2$ | $\square 3$ |

These six questions ask about how satisfied you generally feel with different areas of your life. Please tick the answer that best represents how you feel about each area.
[INCLUDED IN BOTH WAVES]

| (response coding in the raw data is the same as in the dataset) |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 1. How do you generally feel about your family life? | pcbhlss1 | $\square 1$ | ㅁ 2 | $\square 3$ | $\square 4$ | $\square$ | $\square 6$ | $\square 7$ |
| 2. How happy are you with your friendships? | pcbhlss2 | $\square 1$ | - 2 | $\square 3$ | $\square 4$ | $\square 5$ | $\square 6$ | $\square 7$ |
| 3. How do you feel about your school experience? | pcbhlss3 | $\square 1$ | - 2 | $\square 3$ | $\square 4$ | $\square 5$ | $\square 6$ | $\square 7$ |
| 4. How do you feel about yourself? | pcbhlss4 | $\square 1$ | ㅁ 2 | $\square 3$ | $\square 4$ | $\square 5$ | - 6 | $\square 7$ |
| 5. How do you feel about where you live? | pcbhlss5 | $\square 1$ | $\square 2$ | $\square 3$ | $\square 4$ | $\square 5$ | $\square 6$ | $\square 7$ |
| 6. How do you feel about your life, overall? | pcbhlss6 | $\square 1$ | $\square 2$ | $\square 3$ | $\square$ | $\square 5$ | $\square 6$ | $\square 7$ |

## The following questions concern your skills and talents.

```
[INCLUDED IN WAVE 1 ONLY]
(The initial yes/no responses are recoded from 1/2 in the raw data to 1/0 in the
dataset.
For the 'if yes' tick boxes that follow, the response coding in the raw data is
the same as in the dataset.)
```

| Do you feel you have a striking skill, compared to your general ability in <br> other areas?$\quad$ Yes $\square$ | 1 | No $\square$ | 0 |
| :--- | :---: | :---: | :---: |

IF YES, please tick ALL that apply:
All coded 1=ticked, $0=$ not ticked.
pcbhsktt1b Maths
pcbhsktt1c Music
pcbhsktt1d Art
pcbhsktt1e Memory
Other:
pcbhsktt1f Science
pcbhsktt1g Sport
pcbhsktt1h Dance/Drama
pcbhsktt1i Social skills
pcbhsktt1j Writing
pcbhsktt1k Technology/Computing
pcbhsktt11 Mechanical

| Do others tell you that you have a special ability, superior even to most |
| :--- |
| adults? $\quad$ Peshsktt2a$\square$ <br> 1 |

IF YES, please tick ALL that apply:
All coded 1=ticked, $0=$ not ticked.
pcbhsktt2b Maths
pcbhsktt2c Music
pcbhsktt2d Art
pcbhsktt2e Memory
Other:
pcbhsktt2f Science
pcbhsktt2g Sport
pcbhsktt2h Dance/Drama
pcbhsktt2i Social skills
pcbhsktt2j Writing
pcbhsktt2k Technology/Computing
pcbhsktt2l Mechanical

## How well do the following statements describe you? Please give your answers based on how things have been for you over the last six months.

[INCLUDED IN BOTH WAVES]
Note that items in the wave 1 booklet were printed with numbering 1-16 and 18-25 (omitting 17), but the numbering was corrected to $1-24$ in the wave 2 booklet. The sequence of questions was the same in both versions, and variable names have been used consistently in both waves. In the raw data, variables are named pcbhsdq01 through to pcghsdq24, the numbering following the ordering below.
Dataset variable naming uses subscale suffixes (pro, hyp, emo, con, per) and numbering consistent with that used in other datasets, even where this may not match the order of presentation below.

| (responses recoded from $1 / 2 / 3$ in raw data to $0 / 1 / 2$ in dataset) |  | Not <br> true | Quite <br> true | Very true |
| :---: | :---: | :---: | :---: | :---: |
|  |  | 1 | 2 | 3 |
| 1. I try to be nice to other people. I care about their feelings | pcbhsdqpro1 | $\square 0$ | $\square 1$ | $\square 2$ |
| 2. I am restless, I cannot stay still for long | pcbhsdqhyp1 | $\square 0$ | $\square 1$ | $\square 2$ |
| 3. I get a lot of headaches, stomach-aches or sickness | pcbhsdqemo1 | $\square$ | $\square$ |  |
| 4. I usually share with others (food, games, pens etc.) | pcbhsdqpro2 | $\square$ | $\square$ | $\square$ |
| 5. I get very angry and often lose my temper | pcbhsdqcon1 | $\square$ | $\square$ | $\square$ |
| 6. I am usually on my own. I generally play alone or keep to myself | pcbhsdqper1 | $\square 0$ | $\square 1$ | $\square 2$ |
| 7. I usually do as I am told | pcbhsdqcon2 | $\square$ | $\square 1$ | $\square 2$ |
| 8. I worry a lot | pcbhsdqemo2 | $\square$ | $\square$ | $\square$ |
| 9. I am helpful if someone is hurt, upset or feeling | pcbhsdqpro3 | $\square$ | $\square$ | $\square$ |
| 10. I am constantly fidgeting or squirming | pcbhsdqhyp2 | $\square$ | $\square$ | $\square$ |
| 11. I have one good friend or more | pcbhsdqper2 | $\square$ | $\square$ | $\square$ |
| 12. I fight a lot. I can make other people do what I want | pcbhsdqcon3 | $\square$ | $\square 1$ | $\square$ |
| 13. Other people my age generally like me | pcbhsdqper3 | $\square$ | $\square 1$ | $\square$ |
| 14. I am easily distracted, I find it difficult to concentrate | pcbhsdqhyp3 | $\square$ | $\square 1$ | $\square$ |
| 15. I am nervous in new situations. I easily lose confidence | pcbhsdqemo4 | $\square 0$ | $\square 1$ | $\square 2$ |
| 16. I am kind to younger children | pcbhsdqpro4 | $\square 0$ | $\square 1$ | $\square$ |
| 18. I am often accused of lying or cheating | pcbhsdqcon4 | $\square$ | $\square$ | $\square$ |
| 19. Other children or young people pick on me or bully me | pcbhsdqper4 | $\square 0$ | $\square 1$ | $\square 2$ |
| 20. I often volunteer to help others (parents, teachers, children) | pcbhsdqpro5 | $\square 0$ |  | $\square 2$ |
| 21. I think before I do things | pcbhsdqhyp4 | $\square$ | $\square 1$ | $\square$ |
| 22. I take things that are not mine from home, school or elsewhere | pcbhsdqcon5 | $\square 0$ | $\square 1$ | $\square 2$ |
| 23. I get on better with adults than with people my own age | pcbhsdqper5 | $\square 0$ | $\square 1$ | $\square 2$ |
| 24. I have many fears, I am easily scared | pcbhsdqemo5 |  |  |  |
| 25. I finish the work I'm doing. My attention is good | pcbhsdqhyp5 | $\square 0$ | $\square 1$ | $\square 2$ |

The following questions are about how you perceive your body. Please answer based on your feelings over the last six months.

```
[INCLUDED IN WAVE 1 ONLY]
(response coding in the raw data is the same as in the dataset except that 8 is
recoded to missing for 'prefer not to answer')
```

| Over the last six months... |  | $\begin{gathered} 1 \\ \text { (not } \\ \text { at all) } \end{gathered}$ | 2 | $\begin{gathered} 3 \\ \text { (slightly) } \end{gathered}$ | 4 | $\begin{gathered} 5 \\ \text { (mode } \\ \text { ratelv } \end{gathered}$ | 6 | $\begin{gathered} 7 \\ \text { (extre } \\ \text { mely) } \end{gathered}$ | Prefer not to answer |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| 1. Have you felt fat? | pcbhedds1 | $\square 1$ | $\square 2$ | $\square 3$ | $\square 4$ | $\square 5$ | $\square 6$ | $\square 7$ | $\square$ |
| 2. Have you had a definite fear that you might gain weight or become fat? | pcbhedds2 | $\square 1$ | $\square 2$ | $\square 3$ | $\square 4$ | $\square 5$ | $\square 6$ | $\square 7$ | $\square$ |
| 3. Has your weight influenced how you think about yourself as a person? | pcbhedds3 | $\square 1$ | $\square 2$ | $\square 3$ | $\square 4$ | $\square 5$ | $\square 6$ | $\square 7$ | $\square$ |
| 4. Has your shape influenced how you think about yourself as a person? | pcbhedds4 | $\square 1$ | $\square 2$ | $\square 3$ | $\square 4$ | $\square 5$ | $\square 6$ | $\square 7$ | $\square$ |

The questions below deal with your own behaviour. For each question, please mark whether you have ever done the behaviour, how many times (please be as exact as you can), and how old you were the first time you did the behaviour. Please be honest - remember that your answers are confidential so they will only ever be seen by the researcher.
[INCLUDED IN WAVE 1 ONLY]
Initial yes/no responses are recoded from $1 / 2$ in the raw data to $1 / 0$ in the dataset. The second part of each question, coded 1-7, has the same coding in the raw data and in the dataset.
The third part of each question (how many times) had rare responses in the higher ranges; hence the raw data values (1-7) have been recoded to dataset variable values $1-4$ as follows: $1=$ once, $2=2-4$ times, $3=5-10$ times, $4=11$ times or more.



The following questions are interested in what you are most usually like. For each of the following statements please select the option that best describes how often you feel that way.
[INCLUDED IN WAVE 1 ONLY]

| (responses recoded from 1/2/3/4/5/6 in raw data to 0/1/2/3/4/5 in dataset) |  |  |  |  |  |  | $\begin{aligned} & \dot{W} \\ & \stackrel{n}{n} \\ & \frac{\mathrm{E}}{\mathrm{a}} \\ & \frac{3}{4} \end{aligned}$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | 1 | 2 | 3 | 4 | 5 | 6 |
| 1. It seems that I am doing things automatically without really being aware of what I am doing | pcbhmaas1 | $\square 0$ | $\square 1$ | $\square 2$ | $\square 3$ | $\square 4$ | $\square 5$ |
| 2. I rush through activities without being really attentive to them. | pcbhmaas2 | 0 | $\square 1$ | $\square 2$ | $\square 3$ | $\square 4$ | $\square 5$ |
| 3. I focus so much on a future goal I want to achieve that I don't pay attention to what I am doing right now to reach it | pcbhmaas3 | $\square 0$ | $\square 1$ | $\square 2$ | $\square 3$ | $\square 4$ | $\square 5$ |
| 4. I do jobs, chores, or schoolwork automatically without being aware of what I'm doing | pcbhmaas4 | $\square 0$ | $\square 1$ | $\square 2$ | $\square 3$ |  | $\square 5$ |
| 5. I find myself doing things without paying attention | pcbhmaas5 | $\square 0$ | $\square 1$ | $\square 2$ | $\square 3$ | $\square 4$ | $\square 5$ |


| [INCLUDED IN WAVE 2 ONLY] <br> (responses recoded from 1/2 in raw data <br> to 1/0 in dataset) | Yes <br> 1 | No <br> 2 |
| :--- | :---: | :---: |
| 1. In general I think people can be trusted. <br> pcbhtrust | $\square 1$ | $\square 0$ |

[INCLUDED IN WAVE 2 ONLY]
(response coding in the raw data is the same as in the dataset)

|  |  |  |  |  |  |  | $\stackrel{\text { U }}{\substack{\text { ¢0 }}}$ |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 1. My life interests and excites me. | pcbhmlife1 | $\square 1$ | $\square 2$ | $\square 3$ | $\square 4$ | $\square 5$ | $\square 6$ | $\square 7$ |
| 2. I find it satisfying to think about what I have accomplished in life. | pcbhmlife2 | $\square 1$ | $\square 2$ | $\square 3$ | $\square 4$ | $\square 5$ | $\square 6$ | $\square 7$ |
| 3. I have a philosophy of life that really gives my living significance. | pcbhmlife3 | $\square 1$ | $\square 2$ | $\square 3$ | $\square 4$ | $\square 5$ | $\square 6$ | $\square 7$ |
| 4. I have a clear idea of what my future goals and aims are. | pcbhmlife4 | 1 | $\square 2$ | $3$ | $\square 4$ | $\square 5$ | $\square 6$ | $\square 7$ |
| 5. My life is significant. | pcbhmlife5 | $\square 1$ | $\square 2$ | $\square 3$ | $\square 4$ | $\square 5$ | $\square 6$ | $\square 7$ |

For each of the following statements, please select the point on the scale that you feel is most appropriate in describing you.

|  |  | 1: Not at all true | 2 | 3 | 4: Somewhat true | 5 | 6 | 7: Very true |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 1. I feel like I am free to decide for myself how to live my life | pcbhpneed01 | $\square 0$ | $\square$ 1 | $\square$ | $\square 3$ | $\square$ 4 | $\square$ 5 | $\square 6$ |
| 2. I really like the people I interact with | pcbhpneed02 | $\square 0$ | $\square$ | $\square$ | $\square 3$ | $\square$ | $\square$ | $\square 6$ |
| 3. Often, I do not feel very competent | pcbhpneed03 | $\square 0$ | $\square$ | $\square$ | $\square 3$ | $\square$ | $\square$ | $\square 6$ |
| 4. I feel pressured in my life | pcbhpneed04 | $\square 0$ | $\square$ | $\square$ | $\square 3$ | $\square$ | $\square$ | $\square 6$ |
| 5. People I know tell me I am good at what I do | pcbhpneed05 | $\square 0$ | $\square$ | $\square$ | $\square 3$ | $\square$ | $\square$ | $\square 6$ |
| 6 . I get along with people I come into contact with | pcbhpneed06 | $\square 0$ | $\square$ 1 | $\square$ | $\square 3$ | $\square$ | $\square$ | $\square 6$ |
| 7. I pretty much keep to myself and don't have a lot of social contacts | pcbhpneed07 | $\square 0$ | $\square$ 1 | $\square$ | $\square 3$ | $\square$ | $\square$ | $\square 6$ |


|  |  | 1: Not at all true | 2 | 3 | 4: Somewhat true | 5 | 6 | 7: Very true |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 8. I generally feel free to express my ideas and opinions | pcbhpneed08 | $\square 0$ | $\square$ |  | $\square 3$ | $\square$ |  | $\square 6$ |
| 9. I consider the people I regularly interact with to be my friends | pcbhpneed09 | $\square 0$ | $\square$ 1 | $\square$ 2 | $\square 3$ | $\square$ | $\square$ 5 | $\square 6$ |
| 10. I have been able to learn interesting new skills recently | pcbhpneed10 | $\square 0$ | $\square$ 1 | $\square$ 2 | $\square 3$ | $\square$ | $\square$ 5 | $\square 6$ |
| 11. In my daily life, I frequently have to do what I am told | pcbhpneed11 | $\square 0$ | $\square$ | $\square$ 2 | $\square 3$ | $\square$ | $\square$ 5 | $\square 6$ |
| 12. People in my life care about me | pcbhpneed12 | $\square 0$ | $\square$ | $\square$ | $\square 3$ | $\square$ | $\square$ | $\square 6$ |
| 13. Most days I feel a sense of accomplishment from what I do | pcbhpneed13 | $\square 0$ | $\square$ | $\begin{gathered} \square \\ 2 \end{gathered}$ | $\square 3$ | $\square$ | $\square$ | $\square 6$ |
| 14. People I interact with on a daily basis tend to take my feelings into consideration | pcbhpneed14 | $\square 0$ | $\begin{gathered} \square \\ 1 \end{gathered}$ | $\begin{aligned} & \square \\ & 2 \end{aligned}$ | $\square 3$ | $\begin{gathered} \square \\ 4 \end{gathered}$ | $\square$ 5 | $\square 6$ |
| 15. In my life I do not get much of a chance to show how capable I am | pcbhpneed15 | $\square 0$ | $\square$ | $\square$ 2 | $\square 3$ | $\square$ | $\square$ 5 | $\square 6$ |
| 16. There are not many people that I am close to | pcbhpneed16 | $\square 0$ | $\square$ 1 | $\square$ 2 | $\square 3$ | $\square$ | $\square$ 5 | $\square 6$ |
| 17. I feel like I can pretty much be myself in my daily situations | pcbhpneed17 | $\square 0$ | $\square$ | $\square$ | $\square 3$ | $\square$ | $\square$ 5 | $\square 6$ |
| 18. The people I interact with regularly do not seem to like me much | pcbhpneed18 | $\square 0$ | $\square$ 1 | $\square$ | $\square 3$ | $\square$ 4 | $\square$ | $\square 6$ |
| 19. I often do not feel very capable | pcbhpneed19 | $\square 0$ | $\square$ | $\square$ | $\square 3$ | $\square$ 4 | $\square$ | $\square 6$ |
| 20. There is not much opportunity for me to decide for myself how to do things in my daily life | pcbhpneed20 | $\square 0$ | $\square$ | $\square$ | $\square 3$ | $\square$ | $\square$ 5 | $\square 6$ |
| 21. People are generally pretty friendly towards me | pcbhpneed21 | $\square 0$ | $\square$ | $\square$ 2 | $\square 3$ | $\square$ | $\square$ 5 | $\square 6$ |


|  |  | Strongly disagree | Disagree | Neither agree nor disagree | Agree | Strongly agree |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 1. I admire people who own expensive homes, cars, and clothes | pcbhmvalue1 | $\square 1$ | $\square 2$ | $\square 3$ | $\square 4$ | $\square 5$ |
| 2. The things I own say a lot about how well I'm doing in life | pcbhmvalue2 | $\square 1$ | $\square 2$ | $\square 3$ | $\square 4$ | $\square 5$ |
| 3. Buying things gives me a lot of pleasure | pcbhmvalue3 | $\square 1$ | $\square 2$ | $\square 3$ | $\square 4$ | $\square 5$ |
| 4. I like a lot of luxury in my life | pcbhmvalue4 | $\square 1$ | $\square 2$ | $\square 3$ | $\square 4$ | $\square 5$ |
| 5. My life would be better if I owned certain things I don't have | pcbhmvalue5 | $1$ | $\square 2$ | $\square 3$ | $\square 4$ | $\square 5$ |
| 6. I'd be happier if I could afford to buy more things | pcbhmvalue6 | $\square 1$ | $\square 2$ | $\square 3$ | $\square 4$ | $\square 5$ |

The following questions relate to your usual sleep habits during the past month only. Your answers should indicate the most accurate reply for the majority of days and nights in the past month, i.e. weekdays.

```
[INCLUDED IN WAVE 2 ONLY]
(response coding in the raw data is the same as in the dataset)
```

1. When have you usually gone to bed at night? pcbhsleep1
(response coding in the raw data is the same as in the dataset)

| 8pm-9pm | 9pm-10pm | 10pm-11pm | 11pm-12am | 12am-1am | Lat |
| :---: | :---: | :---: | :---: | :---: | :---: |
| $\square 1$ | $\square 2$ | $\square 3$ | $\square 4$ | $\square 5$ | $\square 6$ |

2. How long (in minutes) has it usually taken you to fall asleep each night? pcbhsleep2
(response coding in the raw data is the same as in the dataset)

| Less than 5 | $5-10$ mins | $10-15 \mathrm{mins}$ | $15-20$ mins | $20-30 \mathrm{mins}$ | Longer than 30 mins |
| :---: | :---: | :---: | :---: | :---: | :---: |
| mins |  |  |  |  |  |
| $\square 1$ | $\square 2$ | $\square 3$ | $\square 4$ | $\square 5$ | $\square 6$ |

3. When have you usually gotten up in the morning? pcbhsleep3
(response coding in the raw data is the same as in the dataset)

| Earlier than 6am | $6 a m-7 a m$ | $7 a m-8 a m$ | $8 a m-9 a m$ | Later than 9am |
| :---: | :---: | :---: | :---: | :---: |
| $\square 1$ | $\square 2$ | $\square 3$ | $\square 4$ | $\square 5$ |

4. How many hours of actual sleep_did you get at night? pcbhsleep4
(This may be different from the number of hours you spent in bed.)
(response coding in the raw data is the same as in the dataset)

| Less than 5 <br> hours | $5-6$ hours | $6-7$ hours | $7-8$ hours | $8-9$ hours | $9-10$ hours | More than 10 <br> hours |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| $\square 1$ | $\square 2$ | $\square 3$ | $\square 4$ | $\square 5$ | $\square 6$ | $\square 7$ |

5. During the past month, how often have you had trouble sleeping because you:
(responses recoded from $1 / 2 / 3 / 4$ in raw data to $0 / 1 / 2 / 3$ in dataset)

|  |  | Not during the past month | Less than once a week | Once or twice a week | Three or more times a week |
| :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | 1 | 2 | 3 | 4 |
| Cannot get to sleep within 30 minutes | pcbhsleep5a | $\square 0$ | $\square 1$ | $\square 2$ | $\square 3$ |
| Wake up in the middle of the night or early morning | pcbhsleep5b | $\square 0$ | $\square 1$ | $\square 2$ | $\square 3$ |
| Have to get up to use the bathroom | pcbhsleep5c | $\square 0$ | $\square 1$ | $\square 2$ | $\square 3$ |
| Cannot breathe comfortably | pcbhsleep5d | $\square 0$ | $\square 1$ | $\square 2$ | $\square 3$ |
| Cough or snore loudly | pcbhsleep5e | $\square 0$ | $\square 1$ | $\square 2$ | $\square 3$ |
| Feel too cold | pcbhsleep5f | $\square 0$ | $\square 1$ | $\square 2$ | $\square 3$ |
| Feel too hot | pcbhsleep5g | $\square 0$ | $\square 1$ | $\square 2$ | $\square 3$ |
| Had bad dreams | pcbhsleep5h | $\square 0$ | $\square 1$ | $\square 2$ | $\square 3$ |
| Have pain | pcbhsleep5i | $\square 0$ | $\square 1$ | $\square 2$ | $\square 3$ |

\(\left.$$
\begin{array}{|lcccc|}\hline \begin{array}{l}\text { (responses recoded from } \\
1 / 2 / 3 / 4 \text { in raw data to } \\
0 / 1 / 2 / 3 \\
\text { in dataset) }\end{array} & \begin{array}{c}\text { Not during } \\
\text { the past } \\
\text { month }\end{array} & \begin{array}{c}\text { Less than } \\
\text { once a } \\
\text { week }\end{array} & \begin{array}{c}\text { Once or } \\
\text { twice a } \\
\text { week }\end{array} & \begin{array}{c}\text { Three or } \\
\text { more times } \\
\text { a week }\end{array}
$$ <br>
\hline \& 1 \& 2 \& 3 \& 4 <br>
\hline \begin{array}{l}6. During the past month, how <br>
often have you taken medicine to <br>
help you sleep (prescribed, or 'over <br>

the counter')\end{array} \& pcbhsleep6 \& \square 0 \& \square 1 \& \square 2\end{array}\right]\)| $\square$ |
| :--- |
| 7. During the past month, how <br> often have you had trouble staying <br> awake while eating meals or <br> engaging in social activity? |

\(\left.$$
\begin{array}{|lcccc|}\hline \begin{array}{l}\text { (responses recoded from } \\
1 / 2 / 3 / 4 \\
\text { in raw data to } \\
0 / 1 / 2 / 3 \text { in dataset) }\end{array} & \begin{array}{c}\text { No } \\
\text { problem } \\
\text { at all }\end{array} & \begin{array}{c}\text { Only a very } \\
\text { slight } \\
\text { problem }\end{array} & \begin{array}{c}\text { Somewhat } \\
\text { of a } \\
\text { problem }\end{array} & \begin{array}{c}\text { A very big } \\
\text { problem }\end{array}
$$ <br>
\hline \& 1 \& 2 \& 3 \& 4 <br>
\hline \begin{array}{l}8. During the past month, how <br>
much of a problem has it been for <br>
you to keep up enough enthusiasm <br>

to get things done?\end{array} \& pcbhsleep8 \& \square 0 \& \square 1 \& \square 2\end{array}\right]\)| $\square$ |
| :--- |


| (response coding in the raw <br> data is the same as in the <br> dataset) | Very good | Fairly good | Fairly bad | Very bad |
| :--- | :---: | :---: | :---: | :---: |
|  | 1 | 2 | 3 | 4 |
| 9. During the past month, how would <br> you rate your sleep quality overall? <br> pcbhsleep9 | $\square 0$ | $\square 1$ | $\square$ | $\square$ |

The following questions relate to problems people may have with insomnia. Please rate the current severity of any insomnia problems you may have, or if you do not experience these problems then please select 'none’.
[INCLUDED IN WAVE 2 ONLY]

| (responses recoded from $1 / 2 / 3 / 4 / 5$ in raw data to 0/1/2/3/4 in dataset) |  | None | Mild | Moderate | Severe | Very severe |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | 1 | 2 | 3 | 4 | 5 |
| 1. Difficulty falling asleep | pcbhinsom1 | $\square 0$ | $\square 1$ | $\square 2$ | $\square 3$ | $\square 4$ |
| 2. Difficulty staying asleep | pcbhinsom2 | $\square 0$ | $\square 1$ | $\square 2$ | $\square 3$ | $\square 4$ |
| 3. Problems waking up too early | pcbhinsom3 | $\square 0$ | $\square 1$ | $\square 2$ | $\square 3$ | $\square 4$ |


| (response coding in the raw data <br> is the same as in the dataset) | Very <br> satisfied | Satisfied | Moderately <br> satisfied | Dissatisfied | Very <br> dissatisfied |
| :--- | :---: | :---: | :---: | :---: | :---: |
|  | 1 | 2 | 3 | 4 | 5 |
| 4. How satisfied/dissatisfied are you with <br> your current sleep pattern? <br> pcbhinsom4 | $\square 0$ | $\square 1$ | $\square 2$ | $\square 3$ | $\square 4$ |


| (responses recoded from 1/2/3/4/5/6 in raw data to 0/1/2/3/4/5 in dataset) |  | No sleep problem | Not at all | A little | Somewhat | Much | Very |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | 1 | 2 | 3 | 4 | 5 | 6 |
| 5. How noticeable to others do you think your sleep problem is in terms of impairing the quality of your life? | pcbhinsom5 | $\square 0$ | $\square 1$ | $\square 2$ | $\square 3$ | $\square 4$ | $\square 5$ |
| 6. How worried/distressed are you about your current sleep problem? | pcbhinsom6 | $\square 0$ | $\square 1$ | $\square 2$ | $\square 3$ | $\square 4$ | $\square 5$ |
| 7. To what extent do you consider your sleep problem to interfere with your daily functioning currently? | pcbhinsom7 | $\square 0$ | $\square 1$ | $\square 2$ | $\square 3$ | $\square 4$ | $\square 5$ |

NB by daily functioning we mean daytime fatigue, mood, concentration, memory, mood etc

## These next questions relate to your consumption of alcohol, tobacco and drugs.

[INCLUDED IN WAVE 2 ONLY]

| (responses recoded from <br> dataset) | i/2 in raw data to $1 / 0$ in | Yes 1 | No 2 |
| :--- | :--- | :--- | :---: | :---: |
| 1. Have you ever drunk alcohol? | pcbhalco1 pcbhdrug01 | $\square 1$ | $\square 0$ |

If yes, go to Q2. If no, go to Q6.
2. Think back over the last 30 days. How many full drinks (if any) of the following types of alcohol have you had?
(responses recoded from 1/2/3/4/5/6/7 in raw data)
pcbhalco2: estimated total number of units consumed.
The raw responses for beer, wine and spirits have been combined into a single variable (pcbhalco2) which gives an estimate of the total units consumed. As indicated in the table, each beer/lager/cider or wine is assumed to contain 2 units on average, which each measure of spirit is assumed to be 1 unit. For the purpose of the sum of units, the estimate in each case is roughly at the midpoint of the given response range.

| Number of full drinks |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| The numbers in the assumed numbers of | le show the ts | 0 | 1-2 | 3-5 | 6-9 | 10-19 | 20-39 | 40 or more |
|  |  | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| Beer, lager, cider or "alcopops" | pcbhdrug02a | 0 | 3 | 8 | 16 | 30 | 60 | 120 |
| Wine | pcbhdrug02b | 0 | 3 | 8 | 16 | 30 | 60 | 120 |
| Spirits (include spirits mixed with soft drinks) | pcbhdrug02c | 0 | 1.5 | 4 | 8 | 15 | 30 | 60 |

\(\left.$$
\begin{array}{|lcccccc|}\hline \begin{array}{l}\text { (responses recoded } \\
\text { from } 1 / 2 / 3 / 4 / 5 \text { in } \\
\text { raw data to } \\
0 / 1 / 2 / 3 / 4 \text { in } \\
\text { dataset) }\end{array} & \text { Never } & \begin{array}{c}\text { Monthly } \\
\text { or less }\end{array} & \begin{array}{c}\text { 2-4 times } \\
\text { a month }\end{array} & \begin{array}{c}\text { 2-3 times } \\
\text { a week }\end{array} & \begin{array}{c}\text { 4 or more } \\
\text { times a week }\end{array} \\
\hline & & 1 & 2 & 3 & 4 & 5 \\
\hline \begin{array}{l}\text { 3. How often do you have a } \\
\text { drink containing alcohol? }\end{array}
$$ \& \begin{array}{c}pcbhalco3 <br>

pcbhdrug03\end{array} \& \square 0 \& \square 1 \& \square \& \square \& \square\end{array}\right]\)| $\square$ |
| :--- |

If never, please go to Q6.

| (response coding in the raw data <br> is the same as in the dataset) | 1 or 2 | 3 or 4 | 5 or 6 | 7,8 or 9 | 10 or more |
| :--- | :--- | :--- | :--- | :--- | ---: |
| 4. How many units do you drink on a typical <br> day when you are drinking? pcbhalco4 <br> pcbhdrug04 | $\square 1$ | $\square 2$ | $\square 3$ | $\square 4$ | $\square$ |

One unit of alcohol is: $1 / 2$ pint average strength beer/lager OR one glass of wine OR on single measure of spirits.
Note: a can of high strength beer or lager contains 3-4 units
(responses recoded from $1 / 2 / 3 / 4 / 5$ in raw data to $0 / 1 / 2 / 3$ in dataset; there were negligible responses for 'daily or almost daily')

|  | Never | Less than <br> monthly | Monthly | Weekly | Daily or <br> almost daily |
| :--- | :---: | :---: | :---: | :---: | :---: | :---: |
| 5. How often do you have six or <br> more units of alcohol on one <br> occasion? pcbhalco5 <br> pcbhdrug05 | $\square$ | 2 | 3 | 4 | 5 |


| (responses recoded from $1 / 2$ in raw data to $1 / 0$ <br> in dataset) |
| :--- |
| 6. Have you ever smoked a cigarette (including roll-ups)? <br> pcbhsmok1 pcbhdrug06 |

If yes, please go to Q7. If no, please go to Q12.
7. Please mark the box next to the statement that describes you the best: pcbhsmok2 pcbhdrug07
(response coding in the raw data is the same as in the dataset)

| I have only ever tried smoking cigarettes once or twice | $\square 1$ |
| :--- | :--- |
| I used to smoke sometimes but I never smoke cigarettes now | $\square$ |
| I sometimes smoke cigarettes but I smoke less than one a week | $\square$ |
| I usually smoke between one and six cigarettes a week | $\square$ |
| I usually smoke more than six cigarettes a week, but not every day | $\square 5$ |
| I usually smoke one or more cigarettes every day | $\square 6$ |


| (response coding in the raw data <br> is the same as in the dataset) | Less than 10 <br> years old | $10-12$ years <br> old | $13-14$ <br> years old | $15-16$ <br> years old | $17+$ years <br> old |
| :--- | :---: | :---: | :---: | :---: | :---: | :---: |
| 8. How old were you when you first <br> smoked a cigarette? pcbhsmok3 <br> pcbhdrug08 | $\square 1$ | $\square 2$ | $\square 3$ | $\square 4$ | $\square 5$ |


| (response coding in the raw data <br> is the same as in the dataset) | Less than 5 | $5-19$ | $20-49$ | $50-99$ | 100 or more |
| :--- | :--- | :--- | :--- | :--- | :--- | ---: |
| 9. How many cigarettes have you smoked, <br> in total, in your lifetime? pcbhsmok4 <br> pcbhdrug09 | $\square 1$ | $\square 2$ | $\square 3$ | $\square 4$ | $\square 5$ |


| (responses recoded from $1 / 2$ in raw data <br> to $1 / 0$ in dataset) | Yes 1 | No 2 |
| :--- | :---: | :---: |
| 10. Have you smoked any cigarettes in the last 12 <br> months? pcbhsmok5 pcbhdrug10 | $\square 1$ | $\square 0$ |


| (raw data code 5=do not smoke <br> daily is recoded to missing in the <br> dataset) |
| :--- |
| 11. If you smoke on a daily basis, on average <br> how many cigarettes do you smoke per day? <br> pcbhsmok6 pcbhdrug11 |


| (responses recoded from $1 / 2$ in raw data to $1 / 0$ in <br> dataset) |
| :--- |
| 12. Have you ever tried cannabis? pcbhcann01 pcbhdrug12 <br> (also called marijuana, hash, dope, pot, skunk, grass, weed) |
| $\square 1$ |

If yes go to Q13, if no go to Q25.
13. Please mark the box next to the statement that describes you the best: pcbhcann02 pcbhdrug13
(response coding in the raw data is the same as in the dataset)

| I have only ever tried cannabis once or twice | $\square 1$ |
| :--- | :--- |
| I used to sometimes use cannabis but I never do now | $\square 2$ |
| I sometimes use cannabis but less often than once a week | $\square 3$ |
| I usually use cannabis between one and six times a week | $\square 4$ |
| I usually use cannabis every day | $\square 5$ |

(response coding below changed from $1-5$ in raw data to $1=14$ or less, $2=15-16$,
$3=17$ or more, because of negligible responses in the first two categories) $3=17$ or more, because of negligible responses in the first two categories)

|  | Less than 10 <br> years old | $10-12$ years <br> old | $13-14$ <br> years old | $15-16$ <br> years old | $17+$ years <br> old |
| :--- | :---: | :---: | :---: | :---: | :---: |
| 14. How old were you when you first tried <br> cannabis? pcbhcann03 pcbhdrug14 | $\square 1$ | $\square 1$ | $\square 1$ | $\square 2$ | $\square$ |


| (response coding in the raw data <br> is the same as in the dataset) | Less than 5 | $5-19$ | $20-49$ | $50-99$ | 100 or more |  |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- |
| 15. How many times have you used cannabis, <br> in total? pcbhcann04 pcbhdrug15 | $\square 1$ | $\square$ | $\square$ | $\square$ | $\square$ | $\square$ |

16. Which type of cannabis have you most commonly used or taken? pcbhdrug16
(This item had negligible responses other than 1=marijuana, and has been dropped from the dataset)

| Marijuana (also called grass, weed, green) | $\square 1$ |
| :--- | :--- |
| Resin (also called hash, solid, soap-bar, black) | $\square 2$ |
| Skunk | $\square 3$ |
| Other | $\square 4$ |
| Don't know | $\square 5$ |

17. Have you ever had any of the following experiences within $\mathbf{1}$ hour of using or taking cannabis? (You can mark more than one answer).
(response coding in the raw data is the same as in the dataset)
All coded 1=ticked, 0=not ticked

|  |  |  |  |
| :--- | :--- | :--- | :--- |
| Feeling sick or sweaty | pcbhcann06a | pcbhdrug17a | $\square$ |
| Feeling calm and relaxed | pcbhcann06b | pcbhdrug17b | $\square$ |
| Feeling very anxious or panicky | pcbhcann06c | pcbhdrug17c | $\square$ |
| Feeling that people are spying on you, or trying to harm you | pcbhcann06d | pcbhdrug17d | $\square$ |
| Feeling that you want to laugh at everything around you | pcbhcann06e | pcbhdrug17e | $\square$ |
| Hearing voices that other people couldn't hear | pcbhcann06f | pcbhdrug17f | $\square$ |
| Seeing things that other people couldn't see | pcbhcann06g | pcbhdrug17g | $\square$ |
| Feeling more sociable and friendly | pcbhcann06h | pcbhdrug17h | $\square$ |


| (responses recoded from 1/2 in raw data to $1 / 0$ in <br> dataset) | Yes 1 | No 2 |
| :--- | :---: | :---: |
| 18. Have you used cannabis within the last twelve months? <br> pcbhcann07 pcbhdrug18 | $\square 1$ | $\square 0$ |

If yes go to Q19, if no go to Q25.

The next questions are about your use of cannabis within the last twelve months:
(responses recoded from 1/2/3/4/5 in raw data to 0/1/2/3 in dataset, with $3=f a i r l y$ or very often, because of rare responses in these categories)

|  |  | Never | Rarely | From time to time | Fairly often | Very often |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | 1 | 2 | 3 | 4 | 5 |
| 19. Have you ever used cannabis before midday? | pcbhcann08 pcbhdrug19 | $\square 0$ | $\square 1$ | $\square 2$ | $\square 3$ | $\square 3$ |
| 20. Have you ever used cannabis when you were alone? | pcbhcann09 pcbhdrug20 | 0 | $1$ | $\square 2$ | $\square 3$ | $\square 3$ |
| 21. Have you ever had memory problems when you used cannabis? | pcbhcann10 pcbhdrug21 | $0$ | 1 | $\square 2$ | $\square 3$ | $\square 3$ |
| 22. Have friends or family members ever told you that you ought to reduce your cannabis use? | pcbhcann11 pcbhdrug22 | $\square 0$ | $\square 1$ | $\square 2$ | $\square 3$ | $\square 3$ |
| 23. Have you ever tried to reduce or stop your cannabis use without succeeding? | pcbhcann12 pcbhdrug23 | $\square 0$ | $\square 1$ | $\square 2$ | $\square 3$ | $\square 3$ |
| 24. Have you ever had problems because your use of cannabis (argument, fight, accident, bad results at school, other problems)? | pcbhcann13 pcbhdrug24 | $\square 0$ | $\square 1$ | $\square 2$ | $\square 3$ | $\square 3$ |

## The next questions are about drugs that people sometimes take.

25. Have you ever tried inhaling or sniffing any of the following within the last twelve months?
(responses recoded from $1 / 2 / 3$ in raw data to $0=$ no $1=y e s$ in dataset because
responses were negligible in the third category)

|  | No | Yes, less <br> than 5 times | Yes, more than <br> 5 times |  |
| :--- | :--- | :--- | :---: | :---: |
|  |  | 1 | 2 | 3 |
| Aerosols | pcbhdrug25a | $\square 0$ | $\square$ | $\square 1$ |
| Gas (butane and lighter refills) | pcbhdrug25b | $\square 0$ | $\square 1$ | $\square 1$ |
| Glue | pcbhdrug25c | $\square 0$ | $\square 1$ | $\square 1$ |
| Solvents (including petrol and paint <br> thinners) | pcbhdrug25d | $\square 0$ | $\square 1$ | $\square 1$ |
| Poppers (also known as amyl <br> nitrates, liquid gold, rush) | pcbhdrug25e | $\square 0$ | $\square 1$ | $\square 1$ |

26. Have you tried, taken or used any of the following drugs within the last twelve months?
(responses recoded from $1 / 2 / 3$ in raw data to $0=$ no $1=y e s$ in dataset because responses were negligible in the third category)

|  |  | No | Yes, less than 5 times | Yes, more than 5 times |
| :---: | :---: | :---: | :---: | :---: |
|  |  | 1 | 2 | 3 |
| Amphetamines (speed, crystal meth) | pcbhdrug26a | $\square 0$ | $\square 1$ | $\square 1$ |
| Ecstasy (also called E, pills, MDMA) | pcbhdrug26b | $\square 0$ | $\square 1$ | $\square 1$ |
| LSD (also called acid, tabs, trips) | pcbhdrug26c | $\square 0$ | $\square 1$ | $\square 1$ |
| Magic mushrooms (also called shrooms) | pcbhdrug26d | $\square 0$ | $\square 1$ | $\square 1$ |
| Cocaine (also called Charlie, C, coke) | pcbhdrug26e | $\square 0$ | $\square 1$ | $\square 1$ |
| Crack (also called rock, stone) | * | $\square$ | $\square$ | $\square$ |
| Heroin (also called smack, junk, H) | * | $\square$ | $\square$ | $\square$ |
| Ketamine (also called K, special K) | pcbhdrug26h | $\square 0$ | $\square 1$ | $\square 1$ |
| Steroids (not prescribed by a doctor) | * | $\square$ | $\square$ | $\square$ |

* these items (crack, heroin, steroids) dropped from dataset because there were negligible responses

Here is a list of events that might have happened to you recently. Please put a tick in either the 'No' or 'Yes' box if the event has happened in the past year.

If you answered 'yes' then please indicate what it was like, choosing one of the options given, ranging from 'very unpleasant' to 'very pleasant'.
[INCLUDED IN BOTH WAVES]
In the past year, I have experienced...
(Coding in the raw data is as shown, with separate variables for the 'yes/no' initial response and the 'pleasant/unpleasant' response. In the raw data, the 'yes/no' variable name has suffix 'a' while the 'pleasant/unpleasant' variable has suffix ' $b$ '; the raw variables are numbered 1 to 20 as listed in the table below.))
For the dataset, for each item, the 'yes/no' and 'pleasant/unpleasant' raw variables have been combined together to create ordinal variables.
For life events that elicited negative (unpleasant) ratings, the variable name has suffix " $n$ " and the coding is:

- $0=$ no, did not happen
- 1=event happened but with no effect (or positive effect)
- $2=$ event happened, moderately unpleasant
- $3=$ event happened, very unpleasant

For life events that elicited positive (pleasant) ratings, the variable name has suffix " p " and the coding is:

- $0=n o$, did not happen
- 1= event happened but with no effect (or negative effect)
- $2=$ event happened, moderately pleasant
- 3=event happened, very pleasant

For most items, only one variable (positive or negative) has been coded because responses in the other direction were negligible.
For some items, there were significant numbers of both positive and negative responses, so both types of variable have been included in the dataset. In these cases, to avoid double-counting of responses, 'pleasant' responses are not counted for the 'negative' variables and 'unpleasant' responses are not counted for the 'positive' variables.

|  | ```Negative or positive rating?``` |  | Yes | No |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  | 1 | 2 | 1 | 2 | 3 | 4 | 5 |
| 1. The loss of a job by my father or mother | NEGATIVE | pcbhlfev01n |  | 0 | 3 | 2 | 1 | 1 | 1 |
| 2. Marital separation of my parents | NEGATIVE | pcbhlfev02n |  | 0 | 3 | 2 | 1 | 1 | 1 |
| 3. Becoming involved with drugs | вотн | pcbhlfev03n pcbhlfev03p |  | $\begin{aligned} & 0 \\ & 0 \end{aligned}$ | 3 | 2 | $\begin{aligned} & 1 \\ & 1 \end{aligned}$ | 2 | 3 |
| 4. The death of a close friend or relative | NEGATIVE | pcbhlfev04n |  | 0 | 3 | 2 | 1 | 1 | 1 |
| 5. Being hospitalized for illness or injury | NEGATIVE | pcbhlfev05n |  | 0 | 3 | 2 | 1 | 1 | 1 |
| 6. Being sent away from home | вотн | pcbhlfev06n pcbhlfev06p |  | $\begin{aligned} & 0 \\ & 0 \end{aligned}$ | 3 | 2 | $\begin{aligned} & 1 \\ & 1 \end{aligned}$ | 2 | 3 |
| 7. Breaking up with a boyfriend/girlfriend | вотн | pcbhlfev07n pcbhlfev07p |  | $\begin{aligned} & 0 \\ & 0 \end{aligned}$ | 3 | 2 | $\begin{aligned} & 1 \\ & 1 \end{aligned}$ | 2 | 3 |


|  | ```Negative or positive rating?``` |  | Yes | No |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  | 1 | 2 | 1 | 2 | 3 | 4 | 5 |
| 8. The hospitalization of my brother or sister | NEGATIVE | pcbhlfev08n |  | 0 | 3 | 2 | 1 | 1 | 1 |
| 9. Suspension from school/college | NEGATIVE | pcbhlfev09n |  | 0 | 3 | 2 | 1 | 1 | 1 |
| 10. Failing an important exam | NEGATIVE | pcbhlfev10n |  | 0 | 3 | 2 | 1 | 1 | 1 |
| 11. Remarriage of a parent to a stepparent | вотн | pcbhlfev11n pcbhlfev11p |  | $\begin{aligned} & 0 \\ & 0 \end{aligned}$ | 3 | 2 | $\begin{aligned} & 1 \\ & 1 \end{aligned}$ | 2 | 3 |
| 12. Hospitalization of a parent | NEGATIVE | pcbhlfev12n |  | 0 | 3 | 2 | 1 | 1 | 1 |
| 13. Being responsible for a road accident | * |  |  |  |  |  |  |  |  |
| 14. A major decrease in parental income | NEGATIVE | pcbhlfev14n |  | 0 | 3 | 2 | 1 | 1 | 1 |
| 15. Getting pregnant or fathering a pregnancy | NEGATIVE | pcbhlfev15n |  | 0 | 3 | 2 | 1 | 1 | 1 |
| 16. Outstanding personal achievement | вотн | pcbhlfev16n pcbhlfev16p |  | $\begin{aligned} & 0 \\ & 0 \end{aligned}$ | 3 | 2 | $\begin{aligned} & 1 \\ & 1 \end{aligned}$ | 2 | 3 |
| 17. Decrease in number of arguments between parents | вотн | pcbhlfev17n pcbhlfev17p |  | $\begin{aligned} & 0 \\ & 0 \end{aligned}$ | 3 | 2 | $\begin{aligned} & 1 \\ & 1 \end{aligned}$ | 2 | 3 |
| 18. Becoming a member of a church | POSITIVE | pcbhlfev18p |  | 0 | 1 | 1 | 1 | 2 | 3 |
| 19. Beginning to date | вотн | pcbhlfev19n <br> pcbhlfev19p |  | $\begin{aligned} & 0 \\ & 0 \end{aligned}$ | 3 | 2 | $\begin{aligned} & \hline 1 \\ & 1 \end{aligned}$ | 2 | 3 |
| 20. Moving to a new school or college | вотн | pcbhlfev20n pcbhlfev20p |  | $\begin{aligned} & 0 \\ & 0 \end{aligned}$ | 3 | 2 | $\begin{aligned} & 1 \\ & 1 \end{aligned}$ | 2 | 3 |

* Item 13 has been dropped from the dataset because the number of affirmative ('yes') responses was negligible.


## Are you left or right handed?

[INCLUDED IN BOTH WAVES]
(response coding in the raw data is the same as in the dataset)

| pcbhhand1 | Left handed | Right handed | Mixed handed |
| :--- | :---: | :---: | :---: |
| 1. I am... | $\square 1$ | $\square 2$ | $\square 3$ |


| pcbhhand2 | Left hand | Right hand | Mixed |
| :--- | :---: | :---: | :---: |
| 2. When writing, I use my... | $\square 1$ | $\square 2$ | $\square 3$ |

## We are also interested in your use of social networking sites, such as Facebook.

[This measures was included in both waves
but items 3,7 and 8 were dropped for wave 2 , while item 9 was added.
This resulted in changes in numbering in the printed booklet, but consistent variable names have been used for both waves.]
[INCLUDED IN BOTH WAVES]

| pcbhfcbk1 <br> (responses recoded from $1 / 2$ in the raw <br> data to $1 / 0$ in the dataset) | Yes <br> 1 | No <br> 2 |
| :--- | :---: | :---: |
| 1. Do you have a Facebook account? | $\square 1$ | $\square 0$ |

[INCLUDED IN BOTH WAVES]

| pcbhfcbk2 <br> (response value 6 in raw data <br> recoded to missing in dataset) | Less <br> than one <br> month | One- <br> six <br> months | Six <br> months- <br> one year | Two- <br> Four <br> years | Five <br> years or <br> more | No <br> account |
| :--- | :---: | :---: | :---: | :---: | :---: | :---: |
|  | 1 | 2 | 3 | 4 | 5 | 6 |
| 2. How long have you had a Facebook <br> account for? | $\square 1$ | $\square 2$ | $\square 3$ | $\square 4$ | $\square 5$ | $\square$ |

[INCLUDED IN WAVE 1 ONLY]
3. What do you use Facebook for? Please check all that apply.
(response coding in the raw data is the same as in the dataset)
All coded 1=ticked, $0=$ not ticked
pcbhfcbk3a $\square$ Sending/receiving messages
pcbhfcbk3b $\square$ Sending/receiving wall posts
pcbhfcbk3c $\square$ Talking on chat
pcbhfcbk3d $\square$ Sharing photos
pcbhfcbk3e $\square$ Meeting new people
pcbhfcbk3f $\square$ Organising events
pcbhfcbk3g $\square$ Facebook places
pcbhfcbk3h $\square$ Playing games or using applications
pcbhfcbk3i $\square$ No account (this variable is in the raw data but is not in the dataset)
[INCLUDED IN BOTH WAVES - printed as question 4 in wave 1, question 3 in wave 2]

| (response value 8 <br> in raw data recoded <br> to missing in <br> dataset) | Three times <br> or more per <br> day | Twice <br> a day | Once <br> a day | A couple <br> of times a <br> week | Once <br> a <br> week | Once <br> a <br> month | Less than <br> once a <br> month | No <br> account |
| :--- | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 4. How often do you <br> typically check <br> Facebook for updates? <br> pcbhfcbk4 | $\square$ | 2 | 3 | 4 | 5 | 6 | 7 | 8 |

[INCLUDED IN BOTH WAVES - printed as question 5 in wave 1, question 4 in wave 2]

| (response value 7 in raw <br> data recoded to missing in <br> dataset) | Less than <br> 30 mins | 30 mins - <br> 1 hour | $1-5$ <br> hours | $5-10$ <br> hours | $10-20$ <br> hours | 20 hours <br> or more | No <br> account |
| :--- | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | 1 | 2 | 3 | 4 | 5 | 6 | 7 |


| 5. On average, how much time <br> per week do you think you <br> spend on Facebook? pcbhfcbk5 | $\square 1$ | $\square 2$ | $\square 3$ | $\square 4$ | $\square 5$ | $\square 6$ | $\square$ |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- |

[INCLUDED IN BOTH WAVES - printed as question 6 in wave 1, question 5 in wave 2] 6. How many friends do you have on Facebook? Please enter in the boxes below with one digit per box. If you don't have a Facebook account, then please put a cross for 'no account'.


In the original scanned raw data, a single digit (or a blank) was scanned from each of the four boxes; in the cleaned raw data, these digits were converted to a single number, in field pcbhfcbk6a.
For the dataset, numbers were recoded into range categories as follows. pcbhfcbk6:

| Code | Range of raw values |
| :--- | :--- |
| 1 | less than 50 |
| 2 | 50 to 99 |
| 3 | 100 to 199 |
| 4 | 200 to 299 |
| 5 | 300 to 499 |
| 6 | 500 to 699 |
| 7 | 700 to 999 |
| 8 | 1000 to 1499 |
| 9 | 1500 or higher |

pcbhfcbk6b: $\square$ No account $1=$ ticked, $0=$ not ticked (not in the dataset)
[INCLUDED IN WAVE 1 ONLY]
7. Where are you when you log in to Facebook? Please check all that apply.
(response coding in the raw data is the same as in the dataset)
All coded $1=$ ticked, $0=$ not ticked
pcbhfcbk7a $\square$ computer in my bedroom
pcbhfcbk7b $\square$ computer anywhere else at home
pcbhfcbk7c $\square$ at school
pcbhfcbk7d $\square$ at library
pcbhfcbk7e $\square$ at a friend's house
pcbhfcbk7f $\square$ on mobile phone
pcbhfcbk7g $\quad \square$ on iPad/iPod touch or similar
pcbhfcbk7h $\square$ No account (this variable is in the raw data but is not in the dataset)
[INCLUDED IN WAVE 1 ONLY]
8. Which other social networking sites do you belong to?
(response coding in the raw data is the same as in the dataset)
All coded $1=$ ticked, $0=$ not ticked
pcbhfcbk8a $\square$ Myspace
pcbhfcbk8b $\square$ Bebo
pcbhfcbk8c $\square$ Twitter
pcbhfcbk8d $\square$ Piczo
pcbhfcbk8e $\square$ Blogger
pcbhfcbk8f $\square$ Other
pcbhfcbk8g $\square$ Don't belong to any other social networks
[INCLUDED IN WAVE 2 ONLY - printed as question 6, but treated as item 9] If you have a Twitter account and you would be happy for us to follow you, what is your Twitter username?

Please enter in the boxes below with one letter or digit per box. If you don't have a Twitter account, then please put a cross for 'no account'.


In the original questionnaire, these boxes were used to collect the characters of a Twitter username, which was subsequently used in a TEDS social media study. The usernames have now been deleted from the raw data for confidentiality reasons.

## $\square \quad$ No account

In the raw data, the two responses above have been replaced by a single variable, pcbhfcbk9:
$0=$ no account (the "no account" box was ticked)
1=has a Twitter account (username given)
-99=missing: all other cases (twin has not given a Twitter username and has not
ticked the "no account" box).
The same variable is in the dataset but with -99 recoded to missing
pcbhfcbk9:
1=Twitter account
$0=$ no account

